

T6 / Motivate 2 / Unit 8 - Listening

Listen to the radio programme and fill in the gaps with the appropriate form of the verbs and words in brackets.

Chris Good morning Billie! Welcome to World Watch. _____ (you / find)
a fascinating blog – is this true?

Billie Hi Chris, yes it is. _____ (I / find) a blog by a lady called Wendy Carter. She lives in the south of England with her husband and son.

Chris And why is her blog special?

Billie Wendy and her family _____ (reduce) their rubbish to one bin per year!

Chris One bin! Impossible! How _____ (they / do) that?

Billie First, they _____ (stop) going to supermarkets. This means they _____ (reduce) the packaging they buy. Did you know that most domestic rubbish is packaging?

Chris Hmm. True. So where do they get their food?

Billie _____ (they / plant) a big vegetable garden, so a lot of their food is from the garden.

Chris But not everybody can do that.

Billie No, you're right. But _____ (they / also / decide) to support their local community so they buy food from small shops. And they don't use plastic bags; they take plastic boxes to the shops. When they buy meat or fish, they put it directly in the plastic box.

Chris And food waste? Potato skins, old fruit ... that kind of thing?

Billie Fruit and vegetables are organic, so you can put them in the garden. They're biodegradable so with time they disappear. Coffee, for example, is good for your plants!

Chris And old clothes, toys and books?

Billie Simple. They give them to charity. They don't throw away anything that is still OK to use. They give old toys to hospitals – they wash them first – or to schools, or to friends with little children. There are lots of things you can do.

Chris Wow, I'm impressed. And the blog is still on the internet?

Billie Yes, of course. The address is...