

C Complete the sentences with the correct form of the words from the table in A.

- 1 My trainer always says if you're going to do something, you should always do it _____.
- 2 That man is a great yoga teacher; he's got thousands of _____ who listen to his every word.
- 3 You'll have to improve your level of _____ if you want to take up tennis.
- 4 Kids, do not do this at home! You should only do this sport under the _____ of an adult.
- 5 I believe free-diving is one of the most _____ sports in the world – I wouldn't try it.
- 6 I wish I'd been a(n) _____ in that race! I know I could have won!
- 7 What is your _____ of a great athlete? Mine is someone who excels at sport.
- 8 Is anyone mad enough to jump from a plane without the _____ of a parachute?
- 9 Who knows what strange creatures live in the _____ of the ocean!
- 10 Don't you love the sense of _____ you get when you're skiing?