

Name: _____

Health & Family Life: Values

Read each question carefully then choose the best answer.

1. What are Values? _____
2. All values are positive. **True or False**
3. Values are usually passed on from generation to generation. **True or False**
4. Define the term self-esteem. _____
5. Values shape the way people live their lives, how they interact with others and how they feel about themselves. **True or False**

