

1.10 Listen to the conversation. What two things are the speakers most concerned about? Check (✓) your answers.

air pollution asthma cats chocolate food allergies

NOTE-TAKING SKILL Writing Key Words and Phrases

When you take notes, you won't have enough time to write down every word that you hear. Don't try to write full sentences. Instead, listen carefully in order to understand and write down only key words and phrases that will help you remember the most important ideas.

You hear: Fortunately, I respond well to my asthma medication. It works really quickly, and I always take it with me.

You write: asthma medication, works quickly

Task 2: Listen the audio again and decide True (T) or False (F) for the following sentences.

1. Raymond does not know a lot about allergies.	True	False
2. Elena is allergic to all kinds of fruits except strawberries, peanuts and chocolate.	True	False
3. Both Raymond and Elena have asthma.	True	False
4. Raymond hates chocolate and would not like to eat it.	True	False
5. Elena thinks that food allergies are more serious than other kinds of allergies.	True	False
6. According to Elena, environment and genes are two main factors of food allergies.	True	False

1.10 Listen again. Take notes using only key words and phrases to answer each question.

1997-2011

1. When are Elena's seasonal allergies a problem for her? spring + early summer

2. Which things are bad for Elena's asthma? 7-8%

3. What kind of food policy does the speakers' campus have? no peanuts

4. When did the number of people with food allergies grow quickly? 1997-2011

5. What percentage of children have food allergies nowadays? 7-8%

spring + early summer

air pollution + plants