

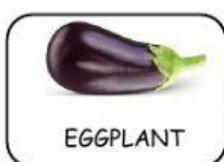
# HEALTHY FOOD: FOOD GROUPS

Watch the following video. Let's discover the 5 fabulous food groups.



Put the correct items of food in the correct column.

FRUIT	GRAIN	VEGETABLES	PROTEIN	DAIRY



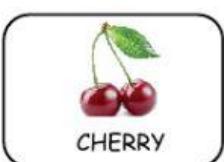
EGGPLANT



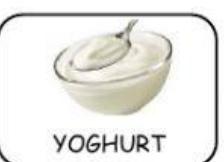
RICE



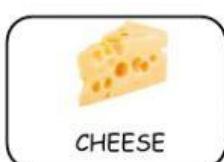
CHICKEN



CHERRY



YOGHURT



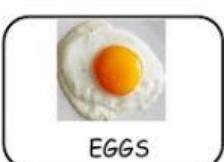
CHEESE



APRICOT



ASPARAGUS



EGGS



LENTILS