HEALTHY FOOD: FOOD GROUPS

Watch the following video. Let's discover the 5 fabulous food groups.



Put the correct items of food in the correct column.

FRUIT	GRAIN	VEGETABLES	PROTEIN	DAIRY


EGGPLANT


RICE


CHICKEN


CHERRY


YOGHURT


CHEESE


APRICOT


ASPARAGUS


EGGS


LENTILS

LIVEWORKSHEETS