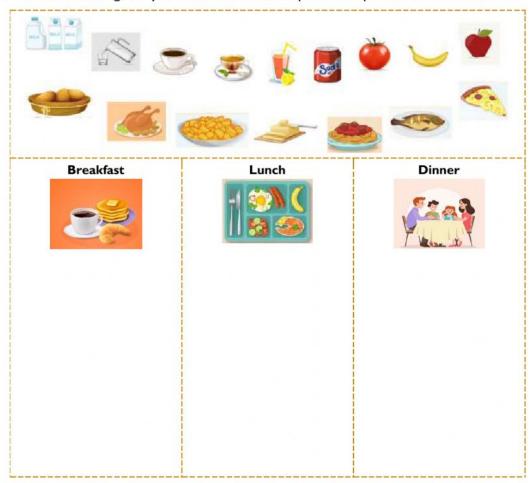
UNIT 3 "What we eat?" LESSON 3

OBJETIVO OA5: Repasar contenido de la unidad What we wat?, utilizando vocabulario para desarrollar comprensión lectora sobre comidas del mundo y compleción de oraciones escritas en relación del contexto del estudiante.

SECTION 1: SETTING THE CONTEXT

"The foods I eat"

- 1. Observe the images and write the foods that you eat for each meal of the day.
 - Observa las imágenes y escribe los alimentos que comes para cada comida del día.



2. Choose the adjective from the box that best fits the sentence.

• Elige el adjetivo del recuadro que mejor se ajuste a la oración.

Spicy- good – bad – delicious – swee	et – salty - fresh
Drinking too much soda is	for you.
2. Breakfast is	
3. Pancakes are	
4. Candy is	
5 vegetables are the best.	
6. Potato chips are	
7. Mexican Tacos are	

SECTION 2: LET'S PRACTICE

"Meals of the world"

- I. Read the following texts, in which children share information about the food in their cultures.
 - Lee los siguientes textos, en los cuales niños comparten información sobre la comida en sus culturas.

"Meals of the world"



A typical English breakfast consists of eggs, bacon, sausages, fried bread and baked beans, with a cup of coffee. Children normally eat a bowl of cereals, toasts and orange juice. Breakfast is served between 7:00-9:00 am.

Many people eat a "packed lunch" at work or school between 12:00-1:30pm. This typically consists of a sandwich, a bag of chips, a piece of fruit and a cold drink. My favorite sandwich is tuna and mayonnaise. The evening meal takes place between 6:00 – 8:30pm. A typical British dinner is roast meat and two vegetables like potatoes, carrots, peas and sometimes a Yorkshire Pudding. For dessert, we have a Fruitcoke or Toffee pudding.



For breakfast, we normally have bread, pastries, traditional yoghurt, milk or orange juice. We get hungry between 10:00 – 11:00 am. Flavors of Greek food change according to the season and geography. I am from Athens and my

typical lunch is fresh fish, courgette balls and feta cheese cubes. Also, we love desserts like Honey & Baklava and Amygdalota, a sweet almond cookie with a cup of Greek coffee called Ellinikos. Lunch is between 1:30 – 3:00 pm

Dinner time in Greece is usually late, after 9:00 pm. We enjoy eating Gyros for dinner. They are normally made with pork or chicken, pita bread, vegetables and yoghurt sauce. After dinner we go for a walk with family or friends.

Brazilians love fresh food like fruits and vegetables. We start the day between 6:30 – 8:00 am with coffee and smoothies, especially papaya. Bread is also important, and we normally have Pão de Queijo, a small baked cheese bread.

I live in Recife, and lunch is between 12:00 - 2:00 pm. People usually eat beans, rice, meat or fish, and a selection of salad and vegetables. Lunch is followed by a simple dessert, like pudim or flan, and a sweet espresso coffee.

A typical dinner here is Feijoodo, a pork stew and black beans. Dinner is usually between 7:00 – 8:00 pm. For dessert, we love Brigadeiro ice creams. In my country, dinner at home with the family is very important.

Sources: http://projectbritain.com/food/meals.htm https://www.bbcgoodfood.com/howto/guide/top-10-dishes-try-greece https://www.bbcgoodfood.com/howto/guide/top-10-foods-try-brazil

3. According to the text, write the correct time for meals in each country. Follow the example.

 De acuerdo al texto, escribe la hora correcta para las comidas en cada país. Sigue el ejemplo.

Meal	Britain	Greece	Brazil 🔷
Breakfast	7:00 - 9:00 am		
Lunch			
Dinner			

5. Complete the following menus with the meals of the day for Thomas, Cora and João.

• Completa los siguientes menús con las comidas del día para Thomas, Cora y João.

