

## Complete the interview by choosing the correct answer.

What do they have for lunch?

Do they ever eat any different food?

What's their typical day?

Is it healthy?

### The Sport Interview

#### SUMO STYLE

Those sumo wrestlers are big! How much do they weigh?

Most top wrestlers weigh more than 140 kilos. The heaviest are around 200 kilos.

Is it a popular sport?

Well, there aren't many sumo wrestlers these days. It isn't a healthy life.

(1)

They get up early and train from 5 a.m. until about 1 p.m.

What do they have for breakfast?

They don't have breakfast - so they're very hungry at lunchtime and they eat a lot!

(2)

They have a special dish called chankonabe. There's a lot of meat or fish in chankonabe and there are also a lot of vegetables.

(3)

Well, it's full of vitamins and there isn't much fat in it, but they eat enormous quantities - sometimes six or seven bowls - and then maybe five bowls of rice.

But they exercise a lot.

Yes, but not after meals. After lunch they sleep, then they get up and eat more chankonabe.

(4)

Yes, some eggs, salads, some desserts maybe; but always chankonabe you want to be sumo size, eat and sleep a lot. If not, maybe do sports are healthier

Read and complete the summary by choosing the correct answer.

The lifestyle of sumo wrestlers [ is / isn't ] normal. The food which they eat is [ healthy / unhealthy ] but they [ eat / drink ] a lot. They also sleep a lot in the [ mornings / afternoons ] and they don't exercise [ before / after ] meals.

Check and write the meaning of the words.

	Word	Meaning
1.	<b>vitamins</b>	
2.	<b>dish</b>	
3.	<b>desserts</b>	
4.	<b>bowls</b>	
5.	<b>train</b>	
6.	<b>enormous</b>	