YEAR 2

Fill in the blanks with the correct answers below:

junk	lunch	clean	a lot
milk	fresh	hands	properly
dinner	Exercise	breakfast	vegetables

1

2

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3

We should eat fresh, _____ food

4

Drink _____ daily to keep your bones strong.

5

Say no to _____ food

6

We should chew our food

_____

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7

Eat _____ and clean food.

Have a lot of fruits and vegetables.

8

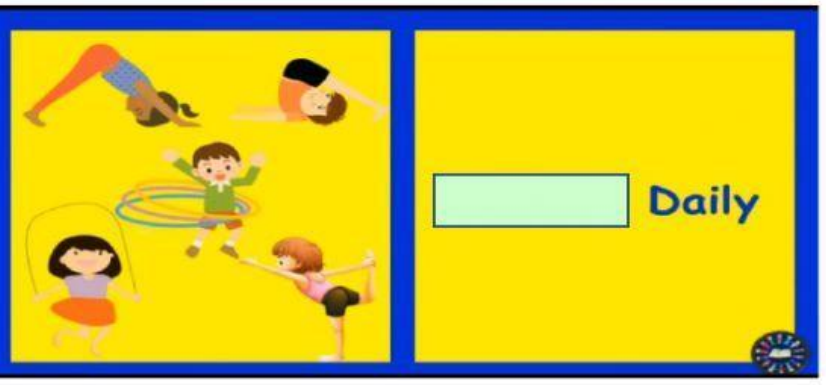
Drink _____ of clean, pure, filtered or boiled water

9

Take 3 meals a day

- Healthy _____
- Balanced _____
- Light _____

10



_____ Daily

LIVEWORKSHEETS