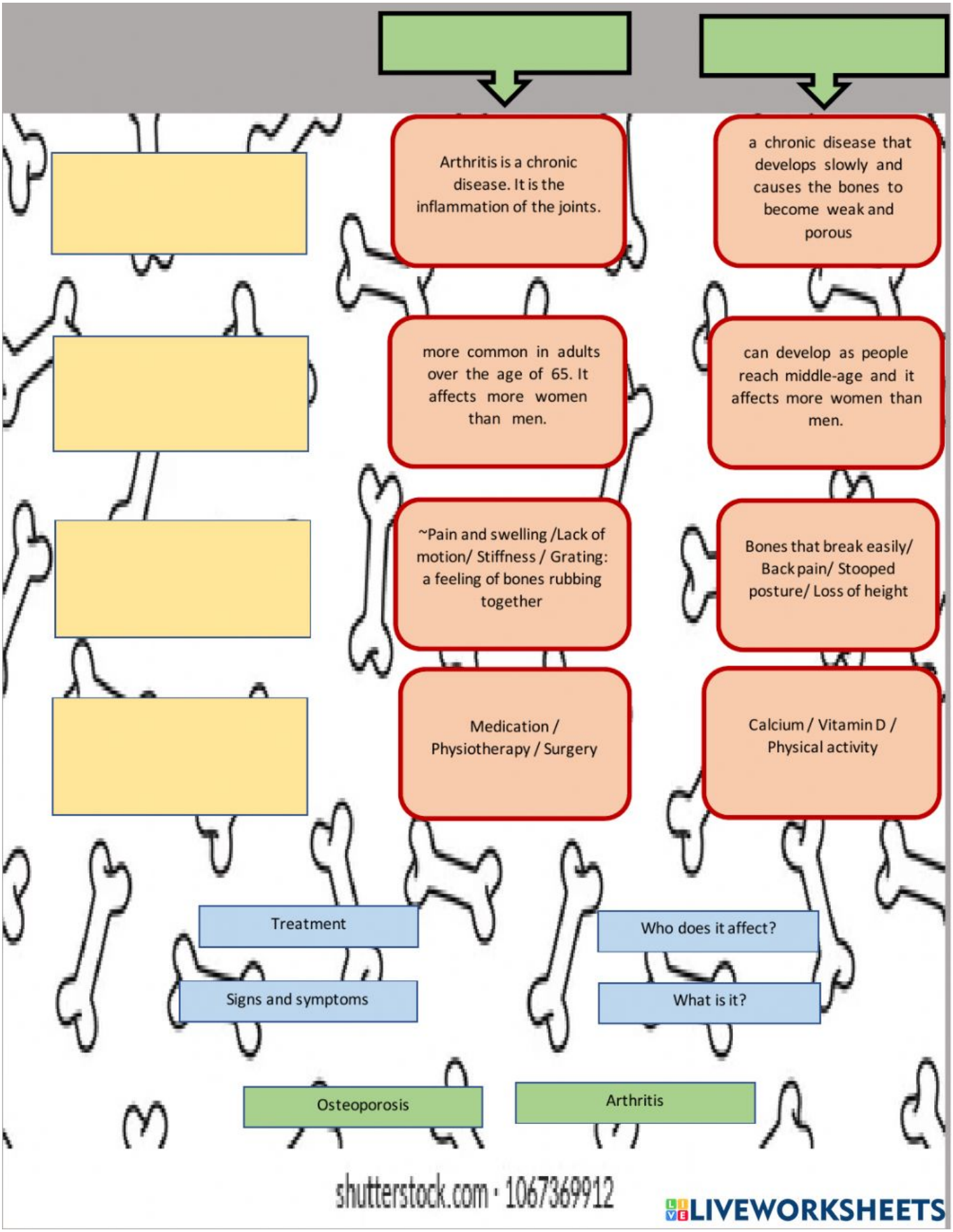
Arthritis is a chronic disease. It is the inflammation of the joints.
a chronic disease that develops slowly and causes the bones to become weak and porous
more common in adults over the age of 65. It affects more women than men.
can develop as people reach middle-age and it affects more women than men.
~Pain and swelling /Lack of motion/ Stiffness / Grating: a feeling of bones rubbing together
Bones that break easily/ Back pain/ Stooped posture/ Loss of height
Medication / Physiotherapy / Surgery
Calcium / Vitamin D / Physical activity
Treatment
Who does it affect?
Signs and symptoms
What is it?
Osteoporosis
Arthritis
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