

NAME: _____

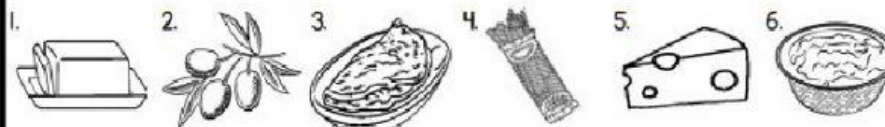
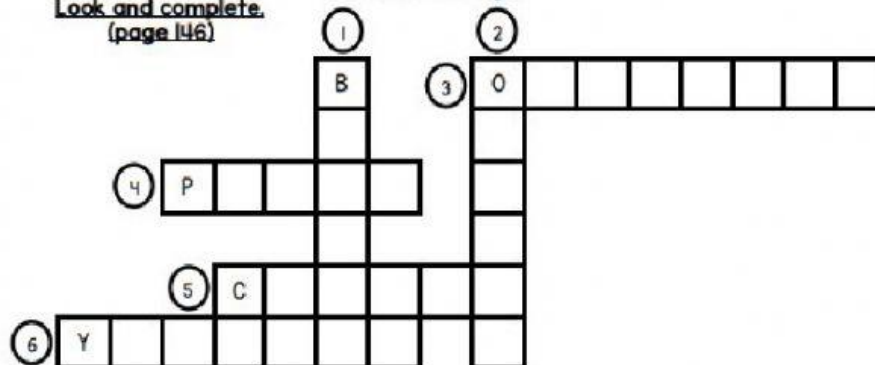
WATCH THE
VIDEO

VIDEO WORKSHEET (EPISODE 5)

Eating right

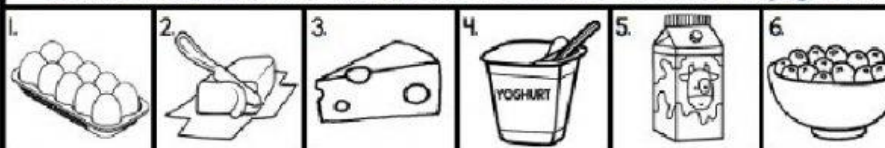
Warm-up

Look and complete.
(page 146)



While Watching

Watch Part 2 and tick (✓) what the kids use to make an omelette. (page 147)


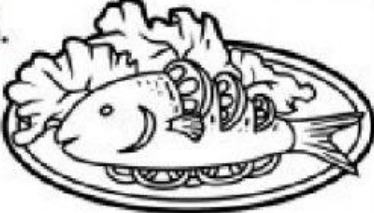



Watch Part 2 again. Read and write Yes or No.

| | | |
|---|--------------------------------|--|
| 1 | Does Jack want to have lunch? | |
| 2 | Does Jack cook with his mum? | |
| 3 | Is there any cheese? | |
| 4 | Do they have ten eggs? | |
| 5 | Is salad Dad's favourite food? | |
| 6 | Does the family eat together? | |

.....While Watching.....

Watch Part 3. Look and match. (page 147)

| | |
|--------------|---|
| 1. Breakfast | A.  |
| 2. Lunch | B.  |
| 3. Dinner | C.  |

.....
Watch Part 3 again. Read and circle. (page 147)

| | |
|---|---|
| 1 | The video is about healthy/unhealthy food. |
| 2 | The people from the Mediterranean eat a lot of meat/fish . |
| 3 | Fruit is part of the Mediterranean breakfast/lunch . |
| 4 | The oil used is made from vegetables/olives . |
| 5 | People in Mediterranean have three/four meals a day. |