For each of the actions described in the first column below, tell which forces are being used in the second column. Tell if work is done, or if work is not done in the third column. Give a reason for your answer in the fourth column. The first one is done for you.

pull push spin bend squash twist turn balanced

OBSERVATION	FORCE	WORK DONE YES or NO	REASON
You peel an orange with a knife.	turn	yes	The peel is removed from the orange.
You lift your bag of school books from your desk.			
You hold a ball in your hand.			
You lean on the concrete wall of your classroom.			
You brush your teeth.			
You push the trunk of a large tree.			
You pick some mangoes.			