

Name: _____

Module E - Vocabulary List A – Practice Page 1

Doctors are paying attention to details of new health problems. They have come to the conclusion that the central cause of illness is the food that people eat. Of course, getting enough sleep and physical activity are beneficial too. They are confident that people who make a decision to make every meal contain healthy food will feel much better.

1. What is the main reason people get sick?
 - a. new health problems
 - b. physical activity
 - c. unhealthy food
2. What are doctors sure about?

Match the words to their meanings:

A

B

1. decrease

2. consist

3. collection

4. creative

5. design

6. avoid

___ having original ideas

___ plan of an object before it is created

___ becoming smaller

A

B

1. change

2. contain

3. consider

4. block

5. benefit

6. centrally

___ obstacle

___ advantage

___ take into account