Mock Exam 7

1) Read the article and choose the correct option (A, B, or C).

Dog therapy

Our health editor, Nikki Langer, interviewed three people whose jobs show that dogs can improve human health.

Ben Forster, dog trainer

Dogs are the most common therapy animal because they are easy to train, and because there are many different sizes. For a hospital visit, for example, it might be important to have a small dog which someone can hold on their lap. The most important thing, though, is the dog's personality: it must be calm and quiet. Most therapy dogs are not puppies – they are usually at least three years and older – and they have to complete a special training course before they can work in hospitals or schools. There are many benefits for the patients and children. Research has shown that regular contact with dogs can improve physical and mental health.

Jasmin Hussain, tutor

I used to have mental health problems. A few years ago, my doctor recommended getting a dog. She said that walking with a dog and caring for it would help me to recover – and that was true for me. Now Domino comes to the university with me and helps my students. She sits in my office during my classes. When my office door is open, students know they can come in and talk to Domino. My university department has lots of international students and some of them are far away from home. One girl told me that she missed her pet dog more than her parents! If Domino didn't come to work with me, the students would definitely be sad. He's a great dog: very gentle and he loves it when people stroke him. Thanks to my students, he has also learned instructions in several languages!

Andrea Weber, nurse

I work at a residential home for elderly men and women. Our youngest resident is 85. A lot of the people who live here have long-term conditions. It can be hard for them to be active. But I know that every Tuesday, they will come to the main living room to see our pet therapist, Pat, and her beautiful dog Trixie. Trixie is a large dog, with lovely soft fur. When Trixie sits next to you, you want to talk to her and touch her. And while people are waiting to talk to Trixie, they talk to each other. It's a very positive thing.

LIVEWORKSHEETS

1. What is the text about?
a. The effects of dog therapy in psychological health.
b. The effects of dog therapy in people with any kind of illness.
c. How nice it is to have a dog at home.

2. Ben says that it's important...
a. that the dog is small.
b. that the dog has a calm personality.
c. that the dog is old enough to behave correctly.

3. Jasmin...
a. is a doctor.
b. has a therapy dog.
c. is ill.

4. Domino...
a. is her therapy dog.
b. is a very extrovert student.
c. only takes instructions in English.

5. Andrea says...
a. working in a hospital is really hard.
b. working with elderly people is really hard.
c. with Trixie, everybody's more active and sharing.

2. Complete the conversation between Andrea and her sister.

Sister: - Hey! You arrived home _____ late today. How was your day?
Andrea: - Oh, very busy day. There was an event at the retirement home.
Sister: - _____ about?
Andrea: - People from a local dog shelter came with a bunch of dogs so that our residents can play with them. You know they are usually depressed, but things _____ this make them very happy. Oh, by the way, Mrs. Tann asked when _____ to visit her again.
Sister: - Oh...Mrs. Tann... I completely forgot about her! I _____ her I was going to visit her last week, but I couldn't. Oh.. I feel so guilty now. Can _____ I'll go this weekend? No excuses.
Andrea: - Sure. But don't forget!

LIVEWORKSHEETS

3. Complete with ONE word.

DIRECTIONS TO THE RETIREMENT HOUSE.

Here are the directions for how to (1) _____ to Oakland Retirement House – print out this email and bring it with you. It's not difficult to find, as you're coming (2) _____ train. Come out of the station and turn right. You'll see (3) _____ bank at (4) _____ corner. Carry on down the road (5) _____ you come to a church called St Paul's. You can't miss it – it's one of the biggest churches in Brighton and everybody knows (6) _____. Just after the church turn left. Be careful - it's a very small street and people often go past without noticing it.

You'll see Oakland's at the end of the street – it's got a red door. Try and get here (7) _____ time for lunch. You can give a call on your mobile (8) _____ you get lost. I'll be waiting for you!

It's great that you're coming down to stay for a (9) _____ days. I'm really (10) _____ forward to it.

4. Complete with the correct form of the verbs in brackets.

It's not uncommon in America for a person to belong to some kind of volunteer group. Donating one's time and services is very much a part of the American way of life. Most helping activities _____ (organize) by churches and groups around the nation and even encouraged by the government. The charitable hand is extended to the poor, the homeless and the disabled. Some people _____ (work) to teach youngsters how to read, others open up soup kitchens to feed the homeless.
Volunteers also take care of the disabled by making reading tapes for the blind and working in orphanages to help children without parents.
High school students _____(encourage) to become volunteers and many school club activities focus on volunteer services. Students _____ (modal - work) with disabled children during a summer program or participate in a club activity which helps to bring meal to elderly people who _____ (ability in the present - not go out). With their sense of idealism students are often eager to donate their spare time.
Here's a testimony of a student who travelled abroad to help a community in need in Africa: "I _____ (work) as a volunteer last year and I must say it was the best experience I _____ (ever/have). I thought it _____ (modal - possibility - be) hard, but I was definitely wrong. I felt so good helping others... and I also made some friends! We still _____ (talk) to each other. And we _____ (meet) again next year because we _____ (come) back!"

LIVEWORKSHEETS

5. Imagine you go on an exchange trip to do some voluntary work.
Write an email to a friend about your experience.

Include:
-where you are.
- what kind of voluntary work you're doing.
- how much time you're going to stay.
- talk about the culture where you are.
- how you feel being there.

LIVEWORKSHEETS