

# TASK 3

Read the text below.

## James' Unhealthy Habit



James loves eating. Every day, he eats four to five times a day. His mom also prepares different snacks for James. His mom usually fries some fritters for him. He can eat 10 pieces of fritters a day.

However, James doesn't like eating vegetables and fruits. When his mom cooks some vegetables for him, he doesn't eat the vegetables. He doesn't eat fruit that his mom buys for him. He goes to a burger stall in the park. He can eat 3 burgers at once.

James loves eating cola. He doesn't like water. He thinks water doesn't taste anything. In the supermarket, he usually buys a big bottle of cola. He drinks a big bottle of cola for one day.

Moreover, James really hates moving. He doesn't do some exercises. His dad wants James to go cycling with him. But James says no. He doesn't want to go cycling with his dad. In his free time, he stays on a sofa, watching TV. He always eat snacks when watching TV.

Now, James's weight is over 100 kg. It's difficult for him to move freely. Moreover, he gets sick easily.

In your group, discuss and write **3 advices** for James so that he can lose his weight and has a healthier body. Use the text above as a reference for your advices.

Use 'should' and 'should not' for writing the advices.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## TASK 4

When you've done your task above, return to the main room and **be ready to present your statements with your team in front of your other friends.**