

**Topic: LIGHT AND COLOURS** (Introduction to Rainbow)**Instructions to parents/guardians:**Step 1:

1. Parents are to **search on Google the picture of the Sun** and explain that **the light from the Sun is actually called "white light"**.
2. Also tell them that **the "white light" from the Sun, is actually made up of different colours** and we are able to see the colours when they are broken up by tiny droplets of water and that makes up the rainbow.

Step 2:

1. Ask your child: *Do you know what makes up a rainbow?*
2. **Explain that whenever there is sunshine after the rain, there will always be a rainbow.**

Step 3:

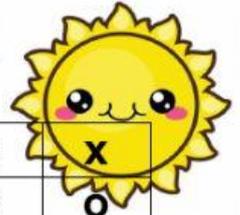
1. Please search on Google, **a picture of rainbow**, pick the best one that shows each colour of the rainbow **CLEARLY** and tell them each of its names.
2. Share a quick way to remember the 7 colours of the rainbow;  
**'ROY G BIV'** or **'VIBGYOR'** which stands for each colours of the rainbow  
**R – red**  
**O – orange**  
**Y - yellow**  
**G – green**  
**B – blue**  
**I – indigo**  
**V – violet**
3. Please tell them that there is **NO PINK colour** in a rainbow.

Step 4:

1. Recap : What makes up a rainbow? (*Sunshine and rain*)
2. Recap: Colours of the rainbow. (*ROY G BIV*)

### Find these words

- |        |        |          |         |             |
|--------|--------|----------|---------|-------------|
| red    | green  | violet   | sun     | rain        |
| orange | blue   | droplets | cloud   | white light |
| yellow | indigo | sky      | rainbow | colourful   |



w	h	i	t	e	l	i	g	h	t	x
d	f	n	c	x	g	e	r	m	c	o
r	o	d	x	b	l	u	e	v	j	s
a	o	i	f	h	d	m	e	t	p	u
i	v	g	r	s	t	q	n	b	l	n
n	n	o	t	k	j	y	y	r	z	k
t	d	x	r	y	e	l	l	o	w	j
s	r	f	m	s	y	j	r	w	y	w
a	o	w	z	x	r	d	z	n	o	c
e	p	n	w	l	q	z	r	b	r	v
c	l	o	u	d	x	t	n	t	a	g
x	e	d	y	t	f	i	k	n	n	k
i	t	e	v	c	a	s	t	j	g	p
y	s	m	x	r	p	s	w	m	e	r
d	d	u	e	h	u	t	m	q	l	e
u	h	r	n	l	w	r	y	g	p	d
p	o	i	g	v	i	o	l	e	t	u
c	o	l	o	u	r	f	u	l	x	r

