



Smoking during pregnancy



Smoking during pregnancy is bad for babies. When a woman smokes she inhales over 4,000 chemicals from the cigarette. One of these is a dangerous chemical called carbon monoxide (CO₂), which gets into her bloodstream and replaces some of the oxygen in her blood. This means that the baby can not get enough oxygen which is essential for its healthy growth and

development, and because cigarettes restrict their oxygen supply, their hearts have to beat harder every time the mother smokes. Smoking can also cause a greater risk of miscarriage and stillbirth (death inside the womb). Besides, the baby is might be born prematurely and with a low birth weight.

Children of smokers may also get ear infections, asthma, learning disorders and behavioral problems and chest infections. They could also become smokers as they get older.



Adapted from (www.smokefree.nhs.uk)

1) Verdadeiro ou Falso:

- a smoker inhales only 4,000 chemicals when she smokes.
- CO₂ replaces all oxygen in blood.
- When a pregnant woman smokes she forces the babies' heart to work harder.
- There are more than 2 problems associated with smoke.
- Asthma, ear infections and learning disorders are some of the problems that smokers can face.
- Children of smokers have more chances to become smokers in the future.

2) Qual frase melhor define a ideia geral do texto?

- The effects of smoking on babies
- The effects of smoking on babies and pregnant smokers
- The effects of smoking on pregnant smokers
- How to quit smoking?
- What are the chemicals from the cigarette?

3) Use o verbo modal que melhor combine com cada frase: **shouldn't / should / can / must / may**

- a) Smoking during pregnancy be avoided.
- b) Children of smokers get ear infections, asthma, learning disorders.
- c) You smoke next to a child. It's not recommended.
- d) Nobody smoke here. It's forbidden.
- e) That man 100 cigarettes a day. It's a world's record.

4- Coloque o problema de saúde na posição correta de acordo com o texto:

become smokers

Babies hearts have to beat harder

restrict their oxygen supply

death inside the womb

behavioral problems

miscarriage

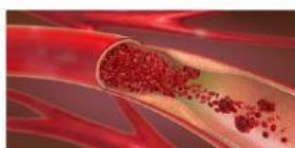
Antes do nascimento

durante o nascimento

depois do nascimento

5) Use a palavra em inglês que melhor descreva a imagem:

Corrente sanguínea



cigarros



fumar



gravidez



nascimento



útero

