



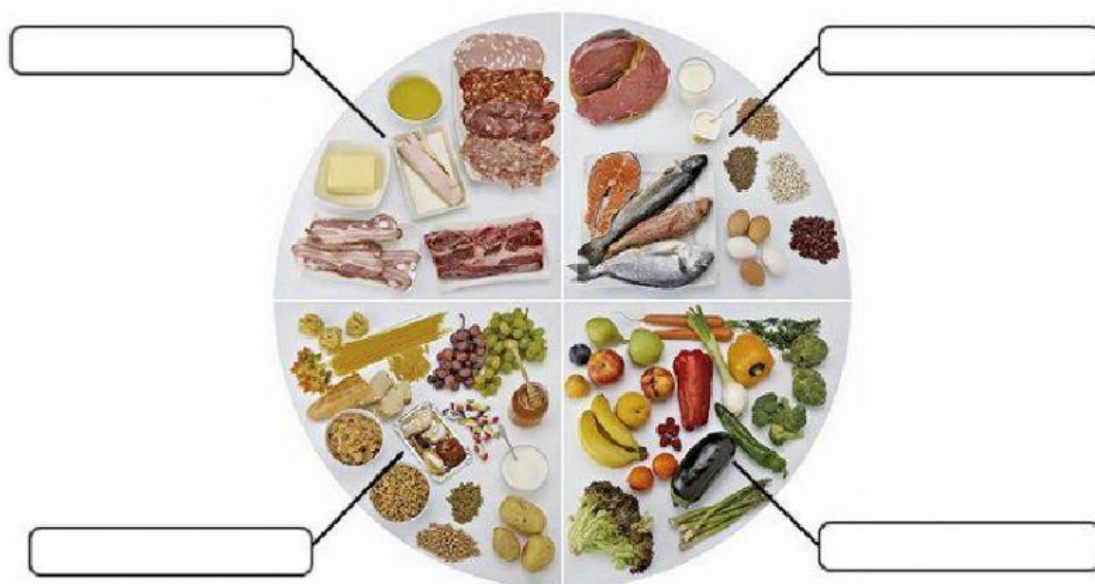


	FOOD WHEEL GROUP	NUTRIENT	FUNCTION
CHEESE 	1		Keep your bones strong
BREAD 			
OIL 		FATS	
PEAR 		VITAMINS AND MINERALS	

ut the nutrients in the correct place.



carbohydrates

fats and sugars

proteins

vitamins and minerals