

**Exercise 1: Put the given words into the right group.**

worried	delighted	confident
depressed	left out	embarrassed
calm	relaxed	frustrated

Positive feelings	Negative feelings
.....	.....
.....	.....
.....	.....
.....	.....
.....	.....
.....	.....

**Exercise 2: Match the words with their definition.**

Words	Definition
1. adolescence	a. unhappy because you are thinking about problems or unpleasant things that might happen
2. communicate	b. freedom from being governed or ruled by another country
3. emotion	c. to share information with others by speaking or writing
4. independence	d. unhappy and without hope for the future
5. remind	e. to make someone think of something they have forgotten or might have forgotten
6. depressed	f. the period of time in a person's life when they are developing into an adult
7. emergency	g. a strong feeling such as love or anger, or strong feelings in general
8. worried	h. having confidence
9. confident	i. something dangerous or serious, such as an accident which needs fast action in order to avoid harmful results
10. delighted	j. very pleased

**Exercise 3: Complete the sentence with the words in the box.**

embarrassed

recognize

calm

conflict

independence

1. Now keep ..... everyone, the police are on their way.
2. I was too ..... to admit that I was scared.
3. Vietnam gained its ..... in 1945.
4. Doctors are trained to ..... the symptoms of different diseases.
5. There was a lot of ..... between him and his father.

**Exercise 4: Choose the best answer.**

1. The new ..... that provides advice for older people is totally free.  
A. emotion                      B. helpline                      C. co-founder
2. They had an awful fight one year ago, but now they've ..... their conflicts.  
A. overcome                      B. collaborated                      C. resolved
3. Some people think that schools put too much ..... on students nowadays.  
A. interest                      B. emotion                      C. pressure
4. Overcoming negative feelings is a/ an ..... control skill.  
A. cognitive                      B. emotion                      C. housekeeping
5. Many young people are now involved in drug .....  
A. trafficking                      B. resolving                      C. housekeeping
6. This work would help her ..... her fear of being alone.  
A. collaborate                      B. resolve                      C. overcome
7. He was proud of himself for being the ..... of the company.  
A. co-founder                      B. helpline                      C. guidance
8. How can you ..... to stay calm under pressure?  
A. overcome                      B. manage                      C. communicate
9. Her son showed an early ..... in music.  
A. emotion                      B. expectation                      C. interest
10. He decided to drop ..... and set up his own company.  
A. off                      B. out                      C. on

**Exercise 5: Turn these sentences into reported speech.**

1. She said, "I can't find my umbrella".  
.....
2. They said, "We are learning English now".  
.....
3. "My friend is coming next week", Tom said.  
.....
4. "I'll help my mum with housework this weekend" he said.  
.....
5. "We shall overcome this difficulty", they said.  
.....
6. "My father is a doctor here", my friend said.  
.....

- .....
7. "I am going on holiday tomorrow", the boy said to his neighbor.
- .....
8. "You will have to finish all these exercises before next week", the teacher said to his students.
- .....
9. "I came back here early yesterday," she said.
- .....
10. "I've broken the vase," she said.
- .....

**Exercise 6: Change the sentences below into direct speech.**

(Chuyển những câu sau sang câu trực tiếp)

1. My mother told me that she was sad then.
- .....
2. One of my friends said that she liked learning English with her teacher.
- .....
3. The doctor told me that I could leave the hospital that day.
- .....
4. The film director said that she was willing to work then.
- .....
5. The teacher told his students that he would be busy the following month.
- .....
6. Tom invited me to his birthday party.
- .....
7. She said the doctor had written her a prescription.
- .....
8. He said that he had a toothache.
- .....
9. She said she went to the museum every day.
- .....
10. They said they were going to the supermarket.
- .....

**Exercise 7: Change the following sentences into reported speech.**

1. She said to him: "Give me another glass of wine".
- .....
2. She said to me: "Bring me a book".
- .....
3. The mother said to him: "Open the window please!".
- .....

4. He said to me: "Shut the door after you".  
.....
5. The captain said to them: "Wait here until I come back".  
.....
6. She told her: "Take it and come with me".  
.....
7. He said to me: "Don't come back before one o'clock".  
.....
8. My mother told me: "Don't forget to look at the door".  
.....
9. He said to his brother: "Don't open the window, open the door".  
.....
10. He said to the girl: "Don't sit on my bed, sit on this chair please!".  
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