

## Past continuous

We use the past continuous to talk about things that were happening in the past. To form the past continuous use the past of to be (was / were) and add -ing.

### Watch Out!



take → taking  
run → running

Past continuous						
What	was	I / he she	doing?	I / He / She	✓ was ✗ wasn't	having a good time. watching TV. going to town. playing basketball. doing orienteering.
	were	you / we they		You / We They	✓ were ✗ weren't	

Past continuous (questions)			
What	was	I / he / she	doing (at 6 o'clock)?
	were	you / we / they	

  

Past continuous (answers)			
I / He / She	✓ was ✗ wasn't	eating cake. dancing.	
We / You / They	✓ were ✗ weren't	playing chess. taking photos.	

### Learn to learn

Look at these sentences.  
Which word changes?

I am eating → I was eating.

Do we use **was** or **were**  
for these forms?

- he • they • we
- I • she



## ¡RECUERDA!

El **PASADO CONTINUO** se usa para hablar de cosas que **estaban sucediendo en el pasado**. Para formarlo usamos **was** o **were** y añadimos **-ing** al verbo. Ejemplos:

I **was** playing football.

They **were** watching TV.



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