

EPISODE 1: 'Dream Job'



'**Career goals** are **targets**. Things, **positions**, **situations** **related** to your **professional life** that you have **set your mind on achieving**. They can be **short-term**, like *getting a promotion or certification*, or they can be **long-term**, like *running your own successful business or being an executive at your dream company*.'



The Pierrot Grenade @GrenadePierrot · 2s

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Yuh Cyah Rear, what yuh doh nurture! Spend time doing yuh best in all yuh studies, researching yuh options, investing in yuh talents to improve yuh future. Remember...Yuh Car rare cuz it designed by the Creator for u, the expert driver to manouver thru yuh life. [#Pelau](#) [#Careers](#)



Goals are S.M.A.R.T: *Specific, Measurable, Attainable, Reliable and Time Specific*.

ACTIVITY 1:

Create a strategy for achieving goals.

ACTIVITY 2:

- A. Create a **self-analysis** of your personal interests and abilities.
Answer in the table below.

Interests	Abilities

- B. Compare your abilities and goals.

ACTIVITY 3:

Type your answers in the text box below.

'Do you have what it takes?'



Journalling

What it takes to get my
Dream Job ?

What do I need to do or
change to accomplish or
achieve this?

What am I willing to do to
make those sacrifices ?
(10 mins)



REFERENCES:

Missouri Comprehensive Guidance Programs Handout

<https://www.whatihavelearnedteaching.com/4-ideas-to-get-started-with-student-goal-setting/>

<https://www.glassdoor.com/blog/guide/short-term-career-goals/>

<https://novoresume.com/career-blog/career-goals>

<https://www.amfam.com/resources/articles/support-for-your-dream/long-term-goals-examples>