#### EPISODE 1: 'Dream Job'



'Career goals are <u>targets</u>. Things, <u>positions</u>, <u>situations</u> <u>related</u> to your <u>professional life</u> that you have <u>set your mind on achieving</u>. They can be <u>short-term</u>, like <u>getting a promotion</u> or <u>certification</u>, or they can be <u>long-term</u>, like <u>running your own successful business</u> or <u>being an executive at your dream company</u>.'



Goals are S.M.A.R.T: Specific, Measurable, Attainable, Reliable and Time Specific.

## **ACTIVITY 2:**

A. Create a **self-analysis** of your <u>personal interests</u> and <u>abilities</u>. Answer in the table below.

Interests			Abilities

B. Compare your abilities and goals.



## **ACTIVITY 3:**

Type your answers in the text box below.

## 'Do you have what it takes?'



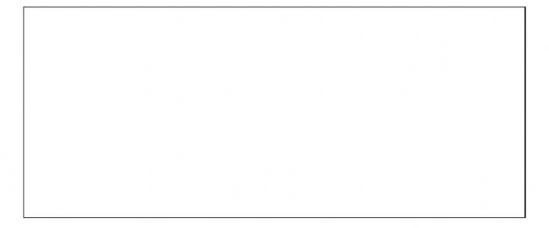
# Journalling

What it takes to get my Dream Job ?

What do I need to do or change to accomplish or achieve this?

What am I willing to do to make those sacrifices? (10 mins)





## REFERENCES:

Missouri Comprehensive Guidance Programs Handout

https://www.whatihavelearnedteaching.com/4-ideas-to-get-started-with-student-goal-setting/

https://www.glassdoor.com/blog/guide/short-term-career-goals/

https://novoresume.com/career-blog/career-goals

 $\underline{https://www.amfam.com/resources/articles/support-for-your-dream/long-term-goals-examples}$ 

