

## Fill in the blanks

1. Joints allow \_\_\_\_\_ of the body.

2. The joint at the neck \_\_\_\_\_ of the head possible.

3. The joints at the shoulder, hand and backbone make \_\_\_\_\_ possible.

4. The joints at the shoulders \_\_\_\_\_, to the sides or to makes rotations.

5. The joint at \_\_\_\_\_ allow the legs to bend and straighten.

movement and flexibility

makes turning and rotation

movements at the upper body

allow the arms to move back and forth

the knee and hips