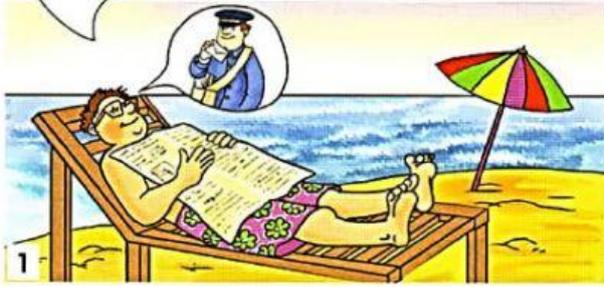


## Practice Present Simple and Continuous

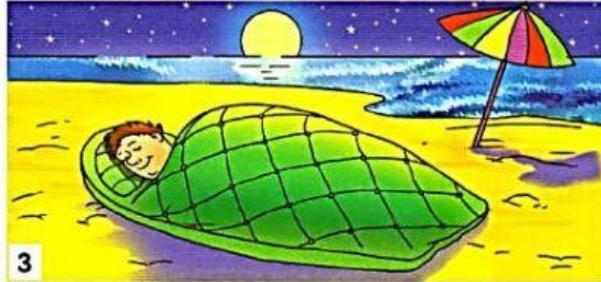
I **usually** wear trousers, a shirt and a hat. **Today** I'm wearing my favourite shorts.



I usually ride a bike, but **today** I'm swimming.



I usually sleep in my bed. **Tonight** I'm sleeping under the stars. Good night!



### Present simple or present continuous?

#### Present simple

Мы употребляем время **present simple** (настоящее простое время), когда говорим о действиях, которые происходят часто, регулярно, обычно.

**I eat eggs for breakfast every day.**

Мы также употребляем время **present simple** для выражения общеизвестных фактов.

**Frogs jump and birds fly.**

Часто в предложениях в **present simple** мы употребляем слова, которые указывают на повторный характер действий. Например:

**I always** wake up early.

We play in the park **every Saturday**.

#### Present continuous

Мы употребляем время **present continuous** (настоящее продолженное время) для выражения действия, которое длится сейчас, в момент речи.

**I'm watching TV now.**

Мы также употребляем **present continuous** для выражения действия, которое длится в определённый период времени в настоящем.

**Jane is staying at home tonight.**

В предложениях в **present continuous** мы часто используем указания на время, например: **at the moment, now, today, this morning, tonight.**

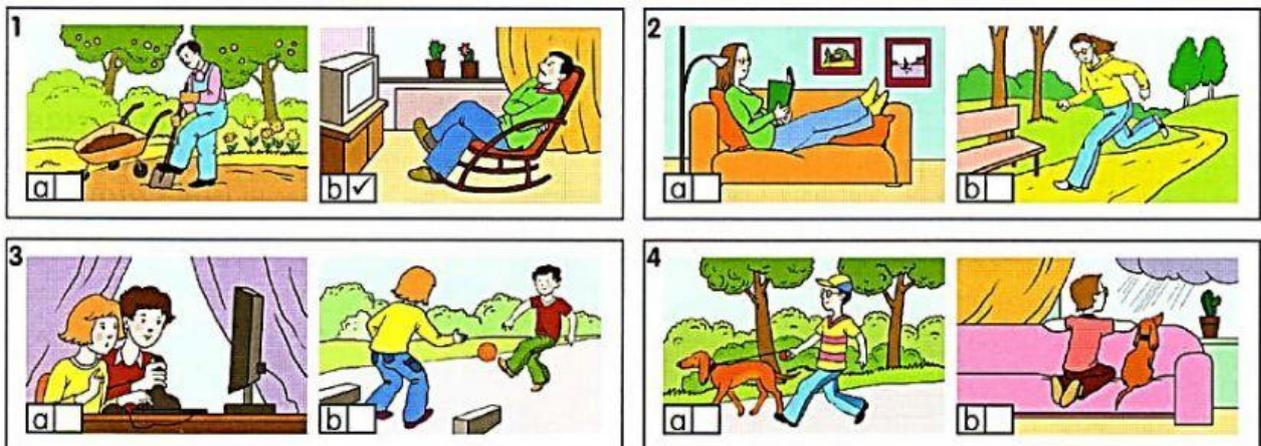
She's not reading **at the moment**.

We are working in the garden **today**.

### 1 Circle the correct word(s).

- 1 I listen to music every day / now.
- 2 Why are you wearing a dress every Sunday / today?
- 3 My dad usually / at the moment drives to work.
- 4 Are you going to bed every day / at the moment?
- 5 He doesn't buy a magazine every Saturday / now.
- 6 The girls are playing in the garden every day / at the moment.
- 7 Do you always / right now play tennis on Sundays?
- 8 She isn't talking on the phone every afternoon / now.

### 2 Read and tick the picture which show what the person is doing



On Saturday afternoon Dad usually works in the garden, but today he's watching television. Mum is reading a book, but she usually runs in the park. Anna and Sam are playing computer games, but they usually play football. Timmy and I usually go for a walk, but now we're sitting on the sofa and we're looking at the rain!

### 3 Choose the correct option

- |  |   |
|--|---|
| 1 I ..... the piano every day.<br>a) play            b) am playing | 5 It often ..... in winter.<br>a) snows            b) is snowing  |
| 2 I ..... television now.<br>a) watch            b) am watching    | 6 They ..... at the moment.<br>a) shop            b) are shopping |
| 3 He usually ..... books.<br>a) reads            b) is reading     | 7 ..... now?<br>a) Do you work    b) Are you working              |
| 4 It ..... now.<br>a) rains            b) is raining               | 8 ..... every day?<br>a) Does he work    b) Is he working         |

## 4 Look, read and write.

### Usually



- 1 Zoe's dad usually drives his car to work. (drive)  
Today he is riding his bike. (ride)



- 2 Brian usually ..... an apple for breakfast. (eat)  
Today he ..... a banana. (eat)



- 3 Vicky and Zoe usually ..... jeans. (wear)  
Today they ..... dresses. (wear)



- 4 Zoe usually ..... orange juice in the afternoon. (drink)  
Today she ..... milk. (drink)



- 5 The boys usually ..... football. (play)  
Today they ..... tennis. (play)

### Today

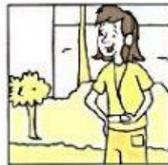


## 5 Listen and tick.

- 1 What's Ann doing?



a



b



c

- 2 What are Peter and Kevin doing now?



a



b



c

- 3 What's Nick doing?



a



b

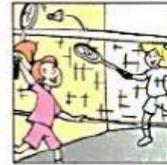


c

- 4 What does Alex do on Saturdays?



a



b

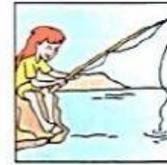


c

- 5 What's Liz doing now?



a



b



c

- 6 What does Max's dad usually do after work?



a



b



c