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MINI TEST UNIT 2

Ex 1. Choose the word has the underline part having different sounds

1	a. surf	b. roof	c. of	d. father
2	a. laugh	b. though	c. cough	d. enough
3	a. machine	b. chemical	c. Christmas	d. backache
4	a. chin	b. architect	c. mechanic	d. headache
5	a. rough	b. fast	c. although	d. ferry

Ex 2. Choose the words has the different stress syllable

1. A. regular	B. allergy	C. already	D. yesterday
2. A. computer	B. depression	C. important	D. concentrate
3. A. healthy	B. disease	C. sickness	D. expert
4. A. amount	B. sunburn	C. toothache	D. pattern
5. A. recover	B. vitamin	C. calorie	D. temperature

Ex 3. Find one word which does not belong to each group

1	a. temperature	b. toothache	c. earache	d. earings
2	a. lemonade	b. orange juice	c. vitamin	d. milkshake
3	a. vegetable	b. allergy	c. jogging	d. junk food
4	a. itchy	b. weak	c. weight	d. healthy
5	a. good	b. tired	c. happy	d. relaxed

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Ex 4. Choose the correct answer

1. If you want to be fit, stay outdoors more and do more_____activities.

   A. physics B. physic C. physical D. physically

2. Do more exercise_____eat more fruit and vegetables.

   A. and B. so C. but D. although

3. After working in computer for long hours, you should_____your eyes and relax.

   A. wake B. rest C. sleep D. sleep in

4. Eat less high-fat foods to keep you from_____ fat.

   A. gaining B. reducing C. getting D. rising

5. We should follow the advice from doctors and health_____in order to keep fit.

   A. managers B. experts C. people D. workers

6. We need to spend less time_____computer games.

   A. playing B. to playing C. play D. to play

7. To prevent_____, you should eat a lot of garlic and keep your body warm.

   A. cold B. mumps C. flu D. headache

8. Be careful with_____you eat and drink.

   A. who B. this C. what D. that

9. Eating a lot of junk food may lead to your_____.

   A. pain B. stomachache C. obesity D. fitness

10. In order to have good_____, you should eat lightly and laugh cheerfully.

    A. spirit B. body C. health D. mood

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11. Do you believe that eating_____carrots helps you see at night?

A. most B. the most C. much more D. less

12. We should try to keep everything around us clean and then flu will find it_____to spread.

A. difficultly B. difficulties C. difficult D. difficulty

13. She usually plays badminton, _____she eats a lot of healthy food.

A. and B. but C. so D. or

14. You can choose fish and rice for your lunch, _____you can choose fried chicken and some apples for it.

A. so B. or C. but D. and

15. He felt pain in his eyes two days ago, _____his mother took him to the doctor.

A. but B. because C. or D. so

16. They go_____outside even when it's cold.

A. swims B. swiming C. swimming D. swam

17. Rob eats a lot of fast food and he_____on a lot of weight.

A. spends B. brings C. takes D. puts

18. We should play sports or do exercise in order to stay in_____.

A. fit B. health C. look D. shape

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Ex 5. Fill in the blank with more and less

1. Drink ……..water but ……..coffee .
2. Eat ……..meat but ……..vegetables.
3. Spend ……..time on video games.
4. Do ……..exercise.
5. Eat ……..candy.
6. Cycle to school ……
7. Spend ……..time playing sports.
8. Spend ……..money buying junk food.

Ex 6. Complete these sentences using or, and, but, so

1. If you want to be fit and healthy, you should eat less junk food ……..more vegetables.
2. Which activity is better for us, playing sports ……
3. She wants to stay in shape, ……..she does morning exercise everyday.
4. Sports like riding a bicycle ……..running use a lot of calories.
5. The expert says that cycling uses more calories than walking, …… running uses the most carlories of all.

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Ex 7. Find and correct the mistake in the following sentences

1. You should eat more sweets because you may have a toothache.

   A B C D

2. It will be good for her if she relax more.

   A B C D

3. You shouldn't take up a sport. It will make your health better .

   A B C D

4. Drink more water, but you will not be so thirsty.

   A B C D

5. He has a toothache, and he still eats a lot of sweet things.

   A B C D

Ex 8. Read, choose the correct answer

KEEPING OUR TEETH HEALTHY

It's very important to have healthy teeth. Good teeth help us chew our food. They also help us look nice. How does a tooth go bad ? The decay begins in a little crack in the enamel covering of the tooth. This happens after germs and bit of food have collected there. Then the decay slowly spreads inside to the tooth. Eventually, poison goes into the blood, and we may feel quite ill.

How can we keep our teeth healthy? First, we ought to visit the dentist twice a year. He can fill the small holes in our teeth before they destroy the teeth. He can examine our teeth to check that they are growing in the right way.

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Secondly, we should brush our teeth with a toothbrush and fluoride toothpaste at least twice a day – once after the breakfast and once before we go to bed. We can also use wooden toothpicks to clean between our teeth after a meal.

Thirdly, we should eat food that is good for our teeth and our body : milk, cheese, fish, brown bread, potatoes, red rice, raw vegetables, and fresh fruits. Chocolates, sweets, biscuits and cakes are bad, especially when we eat them between meals. They are harmful because they stick to our teeth and cause decay.

1. Good teeth help us ……our food.
   A. be nice B. have good eyesight
   C. chew D. be important
2. When food and germs collect in a small crack, our teeth ……
   A. become hard B. spend poison into the blood.
   C. begin to decay D. make us feel quiet ill
3. A lot of people visit the dentist only when ……
   A. their teeth grow properly B. they have holes in their teeth
   C. they have toothache D. they have brush their teeth
4. We ought to clean our teeth ……
   A. after breakfast B. before breakfast
   C. before bedtime D. both B and C
5. We shouldn't eat a lot of ……
   A. red rice B. fresh fruit C. fish D. chocolate

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Ex 9. Make compound sentences by using appropriate co – ordinators give below.

and	so	and	or	for

1. I have a terrible headache. I want to visit my doctor.

   =>.....

2. She felt so tired and sleepy. She couldn't sleep.

   =>.....

3. The patient need a special treatment. Her health condition is getting worse .

   =>.....

4. My mother should have a healthy diet. She needs to do regular exercise, too.

   =>.....

5. You need to take some pain – killers. You can visit the doctor if you want.

   =>.....

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