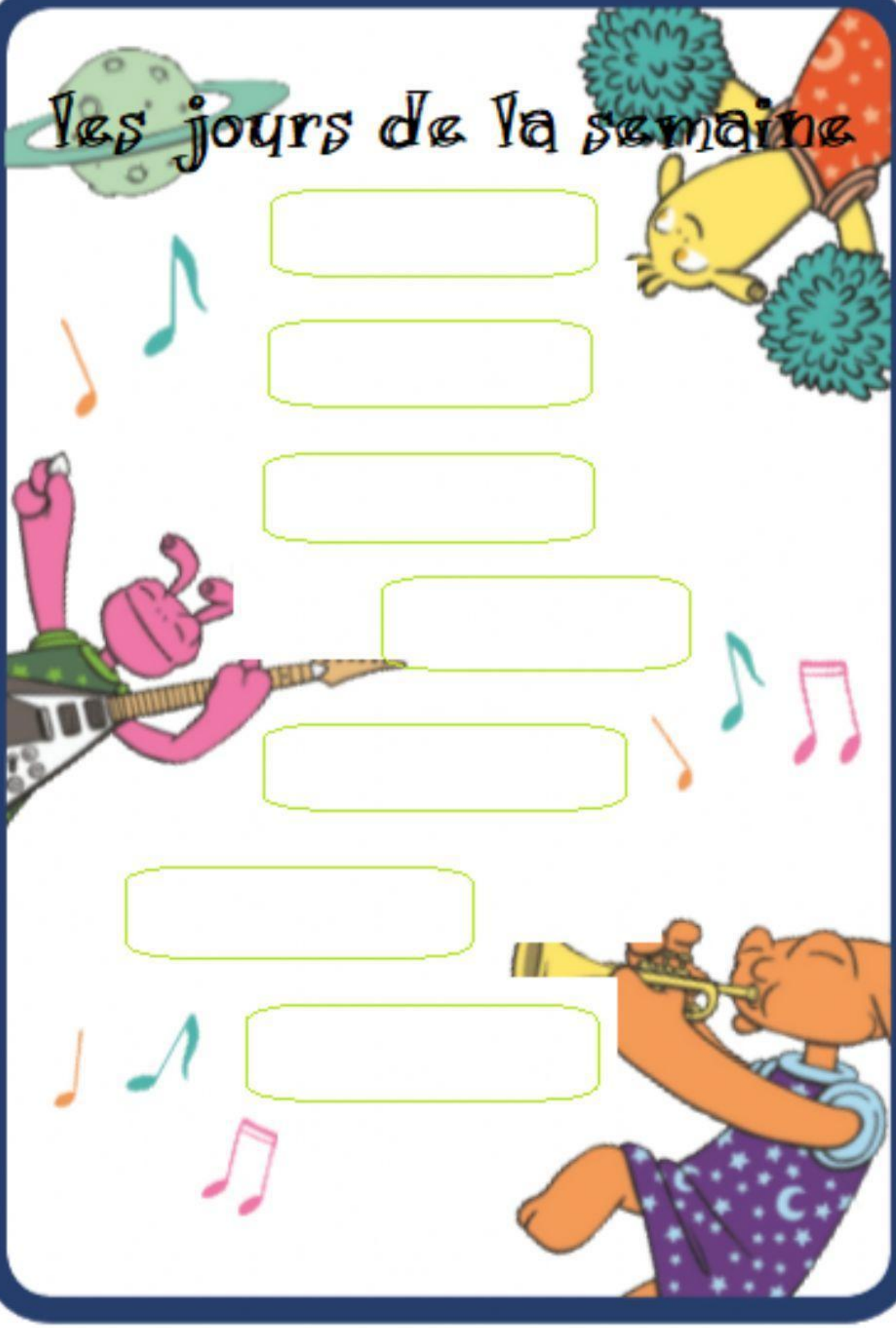les jours de la semaine