

Name: _____

Strong and healthy teeth & How to brush your teeth

1. Which person below should you see at least once a year to make sure your teeth are healthy? _____



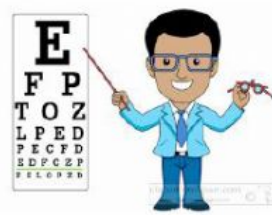
Person A



Person B











Person C



Person D

2. Tick the box above the food that keeps your teeth healthy and cross out (X) the food that makes your teeth unhealthy. (Students who use the online sheet can drag the shapes into the small boxes above the food.)

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			
apple	milk	Soft drink	muffin
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			
carrots	cheese	chocolate	pear



3. Name 3 items you can use twice a day and after eating to keep your teeth clean and healthy.

- i. _____
- ii. _____
- iii. _____

4. Order the steps of brushing teeth by writing the numbers above the pictures. 1 is first, 2 is second and so on.

