

### SUNSHINE GLORY measuring assignment

Describe in detail **when** to use the three types of measures below. Then cut and paste the food items with their quantity and put them under the correct type of measure you would use for that ingredient.



Liquid measure: Used for liquids that easily pour from the cup. The ingredients LEVEL themselves. ie. water/oil/juice



Dry measures: used for ingredients that need to be leveled are  $\frac{1}{4}$  cup or more.



Small measures: Used for wet and dry ingredients that are 2 tablespoons or less.

Write the type of measure you would use for each item. Your choices are:

- measuring cup
- dry measure
- small measure



1 tsp



2 cups



$\frac{1}{2}$  cup



1 tsp



1 tbsp



$\frac{1}{2}$  cup



$\frac{1}{4}$  cup (brown sugar)



1 tsp



1 tbsp



$\frac{1}{4}$  cup



1 cup



$\frac{1}{2}$  cup



2 cups



$\frac{1}{2}$  tsp



1 cup



$\frac{1}{2}$  cup



1 tbsp



1 cup chickpeas



3 tbsp