



D Complete each sentence with the correct form of a word or phrase from exercise C.

1. In Okinawa, good food and healthy habits may _____ health problems.
2. My father always thinks he's going to get sick, but I have a more positive _____. I tell myself I'm going to stay healthy!
3. My grandmother is 90 and very healthy. I think she _____ to live to 100.
4. Ed has a lot of _____ in his life right now. I think he needs to relax more.
5. A healthy lifestyle _____ good food, regular exercise, plenty of sleep, and time with family and friends.
6. The typical Sardinian _____ includes a lot of fish and fresh vegetables.
7. Eating too many burgers can _____ health problems.
8. Smoking is a very bad _____. You should quit.
9. Today a lot of people in the United States suffer from heart _____. It's a very common illness.
10. Grandchildren can _____ comfort and happiness to their grandparents.

are likely
stress
cause
provides
diseases
attitude
diet
consists of
habits
prevent