TEST 4

I. Choose the correct answer in each sentence.

1. You should eat a lot of fruits and vegetables because they _____vitamin A, which is good for the eyes.

A. Run B. take C. provide D. get

2. The health _____from that diet expert is that you should eat less junk food and count your calories if you are becoming fat.

A. advices B. ideas C. answers D. tips

3. The seafood I ate this morning makes me feel _____all over.

A. itchy B. weak C. running D. well

4. If you want to be fit, stay outdoors more and do more _____activities.

A. physics B. physic C. physical D. physically

5. Do more exercise _____eat more fruit and vegetables.

A. and B. so C. but D. although

6. After working in computer for long hours, you should _____your eyes and relax.

A. wake B. rest C. sleep D. sleep in

7. Find the word which has a different sound in the underlined part.

A. p<u>u</u>t B. ad<u>u</u>lt C. j<u>u</u>nk D. s<u>u</u>n

8. Find the odd one out A, B, C or D.

1. A. tired B. weak C. sick D. temperature

II. Look at the advice for a healthy lifestyle, and complete the sentences using *more or less*.

9. You have a toothache. Eat _____candy.

10. Get up early and do _____exercise.

11. The examination is coming. Play _____video game.

12. Watch _____television and you can protect your eyes.

LIVEWORKSHEETS