TOPIC 3: APPEARANCES AND PERSONALITIES

Vocabulary reference

Physical
age – baby toddler school age school-aged teen teenager middle age middle-aged adult pensioner old age old-aged
body shape – figure / shape pear-shaped hourglass (figure) slim overweight skinny curvy
face – round oval heart-shaped square
hair – straight curly wavy blond(e) brunette bald

Character
amusing arrogant brainy creepy easy-going enthusiastic funny fussy generous gifted grumpy hard-working idle mean nervous punctual (self-)confident strange strict sulky thoughtful unenthusiastic

2 **Match the ages with the words from *Vocabulary reference: Physical – age.***

	0–1	baby			
1	1–3	.....	4	18+	.....
2	5–12	.....	5	40+	.....
3	13–19	.....	6	65+	.....

3 **Complete the passage using words from *Vocabulary reference: Physical – age.***

Age and nutrition

How much and what we should eat changes over the years. By the time babies become (1) ....., they'll have formed their own likes and dislikes about food. But like (2) ....., they need to eat a balanced diet. When children reach (3)....., they're growing fast, so they need foods that satisfy their high-energy needs. During your teens, your body is still growing and, combined with the active lifestyle of a (4) ....., this means we need to take in enough food to meet our energy needs. But at the end of the teenage years, on average, energy requirements are likely to be less and start to decline as we reach (5) ..... and reduce further in (6) .....

4 **Read the passage and complete it using words from *Vocabulary reference: Physical – body shape.***

What body shape are you?

Every woman has a different (1) ....., and it seems this can affect your life in a number of different ways. Here are the four main body shapes and what they mean, both in terms of your health and how to look your very best.

(2) .....: women with this shape have a narrow upper body, but a wider lower body. The good news is that scientists believe that people with this body shape will live longer, on average, than others. According to the Institute of Preventative Medicine in Copenhagen, people with wider hips have some level of protection against heart conditions that is absent in (3) ..... people.

Apple: women with this figure will tend to hold weight around their stomach rather than around their hips. Being this shape makes you more likely to be (4) ..... or obese and it puts you at a higher risk of a number of illnesses.

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Ruler: some women are naturally (5) ..... – not too thin or fat. While this body type is less common, women with a ruler-shaped figure will have an upper and lower body all of similar width. Those with ruler-shaped bodies often wish they could put on some weight and have a fuller figure.

(6) .....: women with this figure have upper and lower body of a similar width and a smaller waist, giving them classic female curves without looking too thin or (7) ..... Researchers at Harvard University found that (8) ..... women have better fertility levels than other women.

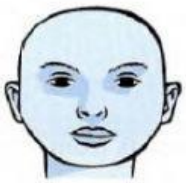
5 Match words from *Vocabulary reference: Physical – face* with the pictures.



1 .....



2 .....



3 .....



4 .....

6 Match words from *Vocabulary reference: Character* with their meanings 1–5.

1 intelligent .....
2 talented .....
3 lazy .....
4 on time .....
5 funny .....

7 Match the other words from *Vocabulary reference: Character* with the definitions.

A person who...

1 ..... concentrates on unimportant details and is difficult to please.
2 ..... becomes upset or excited quickly and can't relax easily.
3 ..... does a lot of work.
4 ..... does not get worried or angry about things easily.
5 ..... is sure about his or her abilities.
6 ..... is often unhappy and complains a lot.
7 ..... does not like to spend money, especially on other people.
8 ..... feels angry and unhappy and refuses to speak to people.
9 ..... gives other people a lot of their time or money.
10 ..... expects people to obey rules.
11 ..... considers other people when they do something.
12 ..... is full of energy and excited by things.

8 Play Track 23. Listen to a candidate's Speaking task 2 response and tick the adjectives below that you hear.

1 amusing ☐
2 brainy ☐
3 confident ☐
4 easy-going ☐
5 fussy ☐
6 generous ☐
7 gifted ☐
8 grumpy ☐
9 hard-working ☐
10 idle ☐
11 mean ☐
12 nervous ☐
13 punctual ☐
14 strict ☐
15 sulky ☐
16 thoughtful ☐
17 unenthusiastic ☐

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