

Name _____

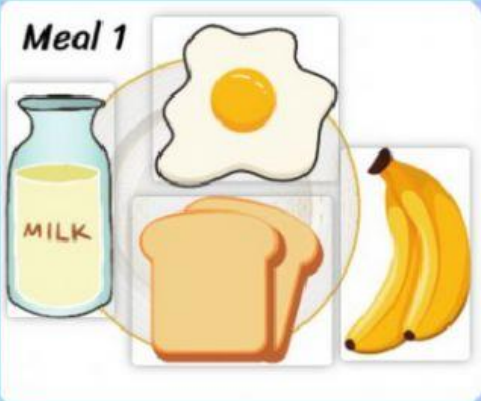
No. _____

Grade _____



Group the meal

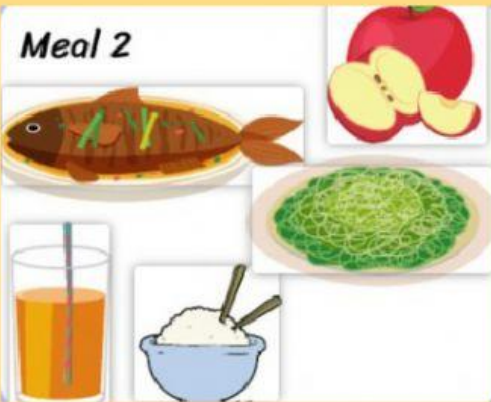
Meal 1



Protein

Carbohydrate

Meal 2



vegetables(mineral)

fruits(vitamin)

Meal 3



Fat