

6. The picture shows a child exercising to maintain good health.



(a) Define the term health.

[2]

(b) What is the difference between health and hygiene?

[1]

(c) Regular exercise is one way to maintain good health. What are TWO other ways?

(i) _____

(ii) _____

[2]

(d) A child practising poor dental hygiene develops a cavity.

(i) Name the health care provider this child will need to visit.

(ii) How often should a person visit this health care provider?

[2]

(e) A person practising good health and hygiene can be affected by diseases. Explain what a disease is.

[1]

(f) The picture shows a child with the common disease, chicken pox.



(i) List the main external symptom of this disease.

(ii) Name the pathogen which causes this disease.

[2]

Total marks [10]