

6. The picture shows a child exercising to maintain good health.



- (a) Define the term health.

_____ [2]

- (b) What is the difference between health and hygiene?

_____ [1]

- (c) Regular exercise is one way to maintain good health. What are **TWO** other ways?

(i) _____
(ii) _____ [2]

- (d) A child practising poor dental hygiene develops a cavity.

- (i) Name the health care provider this child will need to visit.

- (ii) How often should a person visit this health care provider?

_____ [2]

- (e) A person practising good health and hygiene can be affected by diseases. Explain what a disease is.

_____ [1]

- (f) The picture shows a child with the common disease, chicken pox.



- (i) List the main external symptom of this disease.

- (ii) Name the pathogen which causes this disease.

[2]

Total marks [10]