

Looking for a thrill?

Come to
Sandy Bay Skydiving Centre
for a safe, exciting and
unforgettable experience.



Make the decision to jump: you won't
regret it!

- You must be between 18 and 65 yrs. old.
- You mustn't be over 14 stone.
- You need to be in good physical condition
- You have to complete our ground training programme.
- You don't have to bring your own parachute equipment or helmet. We provide everything.

info@sandybayskydivingcentre.com





Congratulations VICTOR HARPER!
You've booked your first skydive with Sandy Bay!

Some final tips and reminders before your big day:

21st March, 9am

- Get a good night's sleep.
- Eat a healthy breakfast. You need to have lots of energy to make the most of the experience.
- Wear comfortable clothes.
- If it's too windy, wet or cloudy on that day, contact us. We will have to cancel your jump and book for another day. The same applies if you are ill.

If you have any questions, don't hesitate to ask.



- We can take photos or video record your experience (at an extra cost). Let us know prior to boarding the aircraft, so that a professional skydiving videographer can jump with you.
- Don't be nervous! Safety is our number one priority.

Read the information in the texts below and the sentences 1-8. Write T for True or F for False.

1. You need to be at least 18 to skydive at Sandy Bay Skydiving Centre.
2. If you weigh more than 14 stone, they won't accept you.
3. You have to buy the safety equipment before you go.
4. You can choose whether you want to do the training or not.
5. Victor has booked a jump on 21st March.
6. The centre offers you breakfast.
7. If you are ill, you should contact the centre.
8. Everyone receives a video recording of their experience before they leave.

