

# Count That Day Lost

## COUNT THAT DAY LOST

George Eliot

If you sit down **at set of sun**  
And count the acts that you have done,  
And, counting, find  
One **self-denying deed**, one word  
5 That eased the heart of him who heard,  
One glance most kind  
That fell like sunshine where it went –  
Then you may count that day well spent.  
  
But if, through all the livelong day,  
10 You've cheered no heart, by **yea or nay** –  
If, through it all  
You've nothing done that you can trace  
That brought the sunshine to one face –  
No act most small  
15 That helped some soul and nothing cost –  
Then count that day as worse than lost.

## Vocabulary

### 1. Choose the correct explanation of the underlined word.

- a. If you sit down at set of sun  
i. in the morning      ii. in the afternoon      iii. in the evening
- b. And count the acts that you have done  
i. things      ii. performances      iii. mistakes
- c. One self-denying deed  
i. self-help      ii. self-made      iii. self-sacrifice
- d. One self-denying deed  
i. promise      ii. action      iii. contract
- e. That **eased** the heart of him who heard  
i. soothed      ii prepared      iii. simplified
- f. One glance most kind  
i. act      ii. look      iii. sight

- g. You've cheered no heart  
i. enjoyed      ii. made happy      iii. yelled
- h. through all the lifelong day  
i. during      ii after      iii. before
- i. nothing done that you can trace  
i. draw      ii. find      iii. copy
- j. That helped some soul  
i. heart      ii. person      iii. angel

## 2. COUNT

The word "count" appears several times in the poem but it doesn't always have the same meaning. Find the lines where the meaning is as described in the chart:

	line	line
To say or name things in sequence		
To consider something important, worthwhile		

## 3. Sun

The word sun is used several times. Explain the meaning each time it is used.

Which word was used?	Your Explanation of the meaning

