

NAME: _____ DATE: _____

EATING DISORDERS

1. Write **ANOREXIA, BULIMIA, BINGE-EATING, PICA** or **OBESITY** in response to the following scenarios.

- a) You see your friend sneaking a piece of chalk from the teacher's desk and later the bus these are white powder marks around their mouth from the chalk she has clearly been eating. _____
- b) Francine is in tenth grade and weighs 75 pounds. She is not an athlete but makes sure to run five miles a day. When you eat lunch with her, she is always eating lettuce only. She cries all the time that she is fat.

- c) Some days, especially after he has been stressed, Andy eats two large chicken over fries, three burgers and a large pizza by himself washed down with a 2 liter soda. After this he falls asleep. He rarely exercises.

- d) You had a sleep over at Laverne's home and both of you ate too much. However, shortly after you heard Laverne throwing up in the bathroom. This happened on three more sleep-overs. _____

2. Write TRUE or FALSE for the following.

- a. Anorexia can lead to severe deficiency diseases. _____
- b. Females are more likely than males to have an eating disorder. _____
- c. Eating disorders cannot be cured. _____
- d. Anorexics eat too much then throw up. _____
- e. Eating too much is called purging. _____
- f. Binging can possibly lead to obesity. _____
- g. Depending on what you are eating, pica can damage the teeth and gut. _____