WORKSHEET



Can you identify all the ingredients?

1.
2.
3.
4.
5.
6.
7.
8.

FULL ENGLISH BREAKFAST

Breakfast is an important meal in Great Britain. On weekdays, most people have cereal, milk and toast. But at the weekends, some people have a fry-up –fried eggs, bacon, sausages, black pudding, mushrooms, baked beans, fried tomato and toasted or fried bread! Some people think this is delicious, some think it's disgusting!

What about you? What do you think about the British fry-up? Tick your options.





It's delicious!

- I love bacon and eggs, so I don't care that it is not healthy!
- A fry-up gives me energy for the whole morning!
- Although it tastes good, I'm smart enough to know better!

It's disgusting!

- I don't like bacon and eggs!
- Even if I liked a fry-up, I wouldn't eat it because it has got a lot of fat!
- There's no way we can burn that amount of calories at school!
- I want to be healthy and fit!

Author: Elisenda Fenés

LIVEWORKSHEETS