

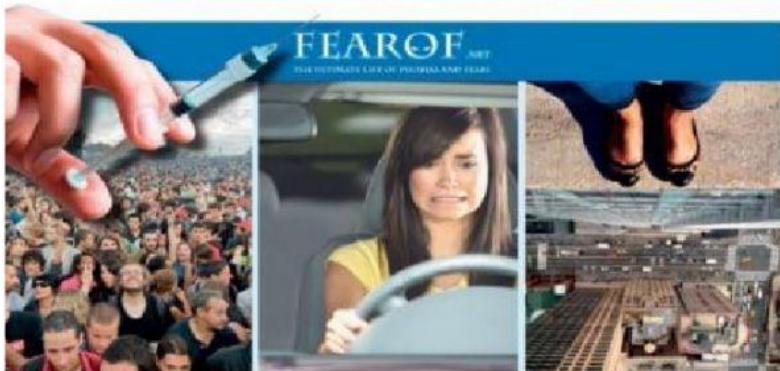
Do you have any phobias?

Yes, I have been afraid of heights since I was a child.



1) **Read some information from “fearof.net”, a Website about phobias. Complete each phobia with the correct Heading from the list:**

**Fear of butterflies   Fear of crowds  
 Fear of doctors   Fear of driving   Fear of heights**



1

Some people with this phobia find it difficult to pass the test. Others are anxious on motorways or certain roads. In extreme cases, people are afraid of being a passenger in a vehicle.

*Comment*

2

People say that actress Nicole Kidman **suffers from** this phobia. It is closely linked to a general **fear of insects**. People with this phobia are afraid of most insects with wings, and they feel nauseous or they **panic** if they see them.

*Comment*

3

This phobia is quite common in young children, but adults suffer from it, too. Many are especially afraid of having vaccinations or blood tests.

*Comment*

4

This fear affects nearly one in every 20 adults. People with this phobia usually avoid tall buildings, skiing, or standing on balconies.

*Comment*

5

This phobia affects many people, but women more than men. These people feel very anxious or **scared** if they are in a noisy place where there are a lot of people, for example a shopping mall or a sports stadium. They often avoid these kinds of places.

*Comment*



2) Now read some comments posted on the website. Match comments A-E to fears 1-5

**A**  I am so scared that I haven't been to see one for more than 15 years. I hate thinking about them! I feel the same way about dentists, too. *Carl*

**B**  I have a fear of going over bridges, and on motorways at over 60 mph. I'm OK at 45 mph. I once went over a bridge and I had to stop in the middle - I was really **frightened**. I haven't driven that way since then, and that was seven years ago. *Becky*

**C**  I thought I was the only person that had this fear! I'm OK with the small ones, but I'm **terrified** of the big ones. I'm OK if they aren't close to me, but as soon as they start flying near me I run away. I like looking at pictures of them because they can be beautiful, but if they fly towards me, especially towards my face, I panic. *Mina*

**D**  I suffer from this phobia, and what works best for me, if I know that I'm going to be in a situation where there'll be a lot of people, is to arrive early. Then other people arrive little by little, and that helps me. The worst thing is walking into a place that is already full of people. *Simon*

**E**  I've had this phobia for about 20 years. It started when I was a child, about six I think. I had a bad dream where I was in a block of flats high up on a hill and I nearly fell out of the window. I woke up and started crying. I haven't been to any really high places since then. Even if I imagine I'm in a high place, I feel **dizzy**. *Keith*

3) Write the past participle of these verbs

VERB	PAST PARTICIPLE
be	
make	
take	
see	

VERB	PAST PARTICIPLE
do	
read	
win	
watch	

VERB	PAST PARTICIPLE
have	
write	
play	
study	



**4) Choose the correct option**

- a) My father haven't / hasn't been to London
- b) My parents have / has visited New York
- c) I have / has studied English since I was 3 years old.
- d) Marta has / have worked at Fontarron school for five years.
- e) I haven't / hasn't seen my grandparents since last month.
- f) Coronavirus has / have killed many people.

**5) Complete the sentences using the present perfect**

- a) I ..... that movie 15 times. (see)
- b) People ..... to the Moon. (not/travel)
- c) We..... The Quijote book with Sonia. (read)
- d) Alicia ..... for ten hours. (not/sleep)
- e) Marcos ..... two poems. (write)
- f) Xavi and his friends ..... their homework. (finish)
- g) Marta ..... in Madrid for some years. (live)

6) Tell us about your life experiences using the present perfect and the adverbs:

Never – just – already – yet – since – for

**7) FOR EXAMPLE: I *have never tried* sushi.**

- 1) .....
- 2) .....
- 3) .....
- 4) .....
- 5) .....
- 6) .....

**PAY ATTENTION!**

EVER	EVER means “at the time” we can use ever in questions and goes between the verb “have” ad past participle. e.g. <u>Have you ever played</u> football? Nobody <u>has ever heard</u> of this book.
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NEVER	NEVER is a contraction "of not ever". We can use never to make a negative statement and goes between the verb "have" and the past participle e.g. He <u>has never travelled</u> by plane.
JUST	We use JUST when an action happened recently e.g. I <u>have just eaten</u> breakfast.
ALREADY	We use ALREADY when an action happened sooner than expected. e.g. I <u>have already finished</u> page 20
YET	We use YET when we think an action will happen soon e.g. I <u>haven't eaten</u> lunch <u>yet</u> .
SINCE	Between a past time and now. We use SINCE + the start of a period e.g. she <u>has been</u> here <u>since</u> 6 o'clock.
FOR	We use FOR to talk about a length of time, a period of time. e.g. I <u>have worked</u> here <u>for</u> 8 hours.

