



Reduce the heat to low, cover the **pan** and cook for another 5-8 minutes

Season the eggs with pepper

Then add the garlic and salt and stir for another minute until they're nice and fragrant.

Add the tomatoes and use your spatula to break up the tomatoes into smaller pieces.

Chop onion, red bell pepper and add that to a **pan** with a little olive oil on medium heat.

Once this entire **mixture** is lightly simmering, you can crack your eggs on top.

