Workbook Activity 4:

Complete the sentences below with the correct word/phrase from activity 3.



1 When getting ready for henna, I _____ by washing my hands, _____ I place them on the cushion for the henna artist.

2 Henna is used in decorating parts of the body. _____ it can be used for its healing qualities.

3 There are many uses for henna _____ body adornment, its cooling effect and the treatment of headaches.

4 There are a number of ways that henna was used traditionally, _____ it was used for its cooling effect, _____ it was used to decorate and beautify the hands and feet, and lastly, it was used to relieve headaches and stomach aches.

LIVEWORKSHEETS