

### Workbook Activity 4:

Complete the sentences below with the correct word/phrase from activity 3.



- 1 When getting ready for henna, I \_\_\_\_\_ by washing my hands, \_\_\_\_\_ I place them on the cushion for the henna artist.
- 2 Henna is used in decorating parts of the body. \_\_\_\_\_ it can be used for its healing qualities.
- 3 There are many uses for henna \_\_\_\_\_ body adornment, its cooling effect and the treatment of headaches.
- 4 There are a number of ways that henna was used traditionally, \_\_\_\_\_ it was used for its cooling effect, \_\_\_\_\_ it was used to decorate and beautify the hands and feet, and lastly, it was used to relieve headaches and stomach aches.