

READING ACTIVITY

1. Look for the highlighted words in a dictionary and add them to the vocabulary log section of your portfolio.



FATHER & DAUGHTER

– whose day is more **stressful**?



Nico is a chef and has his own restaurant, the Blue Jar. He lives in Chile with his wife and her three children, aged 16, 12, and 9.

- 0630** I get up and make breakfast for the children. Then I have breakfast – a coffee and cereal – and I read the sports section of the paper.
- 0715** I go to the market to buy fruit and vegetables for the restaurant.
- 0845** When I get to the restaurant I check the reservations and my emails, and plan the special menu of the day. I have my second cup of coffee.
- 1030** I start cooking. The radio is on, and we are busy with breakfast orders, but we also have to prepare the food for lunch.
- 1200** I check the tables, and have my third coffee.
- 1330** Suddenly everyone arrives at the same time and the restaurant is full (on a good day). I start to shout instructions at the chefs and waiters. We make lunch for 85 people in about an hour and a half.
- 1445** I come into the restaurant and talk to the customers, and ask if they are happy with the food. I'm really hungry now.
- 1530** Finally I have lunch. I don't enjoy it very much because I don't have time to relax.



- 1600** After lunch I go back to the kitchen and plan the food for the evening menu.
- 1730** I go home to be with the family for a couple of hours. The children do their homework and I make their dinner.
- 1930** I go back to the restaurant, which is full again, and I check everything is OK.
- 2200** I go home and have a shower. Then I collapse on the sofa with a sandwich and a glass of wine.
- 2300** I go to bed, ready to start again the next day.

2. Read the text again and match the following questions to the correct answers.

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| 1. What time does Nico get up? | a. They arrive at 1.30 |
| 2. What does he have for breakfast? | b. He asks if they are happy with the food |
| 3. What two things does he check at the restaurant? | c. They have 85 customers |
| 4. What time do all the customers arrive? | d. He has a coffee and cereal. |
| 5. How many customers do they have in the restaurant at lunchtime? | e. He goes back to the kitchen and plans the food for the evening menu |
| 6. What does Nico ask the customers? | f. He goes home at 5.30 |
| 7. What does Nico do after lunch? | g. He goes back to the restaurant and checks everything is OK. |
| 8. What time does he go home in the afternoon? | h. He gets up at 6:30. |
| 9. What does Nico do at 7.30? | i. He goes home at 10 o'clock |
| 10. What time does Nico go home? | j. He checks the reservations and his emails. |