Health and Family Life

Gifts and Talents Notes

Copy or paste the notes below into your Health/ Family Life notebooks.

- Gifts are the natural talents, abilities, or qualities one possesses.
- All gifts come from God and all of them have a purpose.
- Some people have the gift of intelligence, performing or public speaking.
- Others have athletic abilities.
- Some individuals have the gift of a funny personality, while others are easygoing and wonderful to talk to.
- Every person has one kind of gift or another, which is important to his or her growth and development and building positive self-esteem.
- Individuals can use their gifts to make a difference in their homes, at school and in the community.
- Individuals can also develop their gifts by choosing to participate in activities that require their special abilities.

LIVEWORKSHEETS