

## 2. Check your understanding: multiple choice

Circle the best answer to these questions.

1. Liam says that Parkour is ...
  - a. a type of military training.
  - b. a means of jumping off high buildings.
  - c. a way of overcoming obstacles.
  - d. a kind of video.
2. Liam's main job is ...
  - a. to check the bikes are safe.
  - b. to clean the ramps.
  - c. to do demonstrations.
  - d. to teach young people about BMX.
3. Which area did Liam not have training in?
  - a. giving medical attention.
  - b. cooking hamburgers.
  - c. food hygiene.
  - d. basic accounting.
4. Why did Debbie volunteer the second time?
  - a. to be more competitive in the job market.
  - b. to help other people.
  - c. to complete her degree course.
  - d. to learn how to train volunteers.
5. Which sport did Debbie not volunteer to help with?
  - a. cricket
  - b. swimming
  - c. table tennis
  - d. football
6. Debbie and Liam both say that ...
  - a. it's important to pay people to work in sport.
  - b. volunteers are often exploited.
  - c. they love volunteering.
  - d. volunteers are essential for sport.