

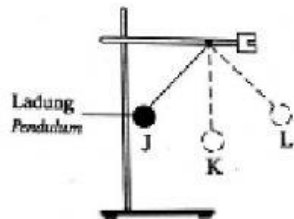
### 7.3 Principle of Conservation of Energy

1. Complete the principle of conservation of energy below:

|      |         |         |       |           |
|------|---------|---------|-------|-----------|
| form | changed | created | equal | destroyed |
|------|---------|---------|-------|-----------|

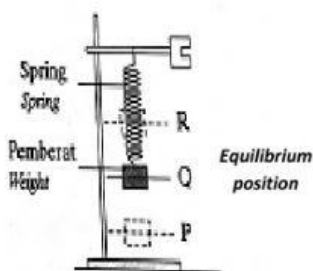
- a) The Principle of Conservation of Energy states that energy cannot be \_\_\_\_\_ or \_\_\_\_\_ but can only be \_\_\_\_\_ from one \_\_\_\_\_ to another.
- b) The amount of energy before the changes is \_\_\_\_\_ to the amount of energy after the changes.

2. State the change in the form of energy:



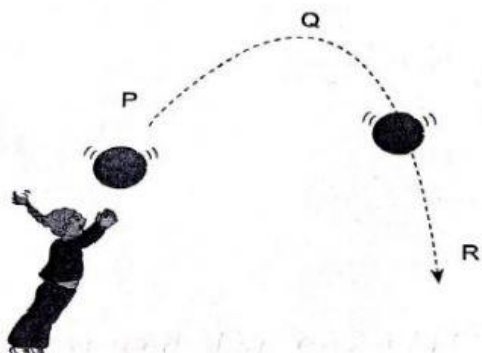
| Direction of oscillation | Changes in the form of energy |
|--------------------------|-------------------------------|
| J → K                    | _____ energy → _____ energy   |
| K → L                    | _____ energy → _____ energy   |

3. State the amount of energy:



| Position of spring | Amount of energy         |                |
|--------------------|--------------------------|----------------|
|                    | Elastic potential energy | Kinetic energy |
| P → Q              |                          |                |
| Q → R              |                          |                |
| R → Q              |                          |                |

4. State the types of energy possessed by the ball at point:

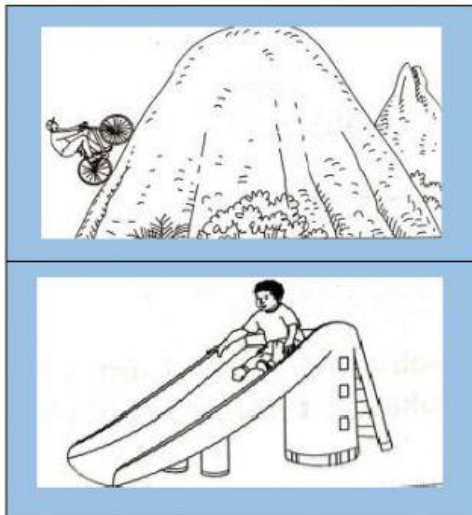


P : \_\_\_\_\_ energy

Q : \_\_\_\_\_ energy

R : \_\_\_\_\_ energy

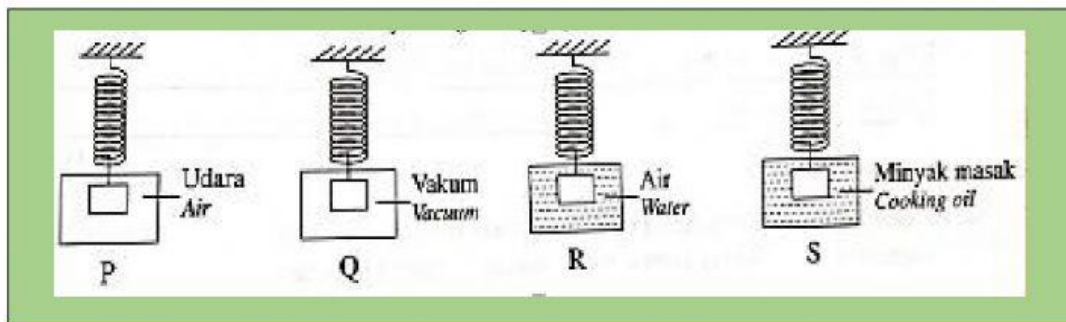
5. Match the diagram below to the energy changes that occur.



Potential energy to  
kinetic energy

Kinetic energy to  
potential energy

6. The following diagram shows the oscillation of a weighted spring in different media.



a) State the energy change in the oscillating system.



b) Which of the springs, P, Q, R or S will stop oscillating first? Give one reason for your answer.

will stop first. A lot of energy is used to overcome \_\_\_\_\_.

has the biggest \_\_\_\_\_.