



Teacher:  
Yhasmin Escobar

# Let's Go Green!



English: Level A1  
**APRENDO**  
en casa

**PROPÓSITO** Leer y escuchar un texto en inglés donde se describe la rutina de 2 personas y como sus acciones generan residuos plásticos o ayudan a reducirlos.

**COMPETENCIA:** Lee diversos tipos de textos en inglés como lengua extranjera.



## CRITERIOS

- ✓ Comprender textos ilustrados breves y simples sobre actividades cotidianas escritos en inglés
- ✓ Inferir información básica sobre personajes a partir de imágenes



## ACTIVITY 1: ECO-FRIENDLY ROUTINE!



### LET'S LISTEN AND READ!

Listen to and read the text



### What is an eco-friendly routine?



Hi! My name is Camila and I am 16 years old. Let me tell you about my routine. I wake up at 7 o'clock every day and I go to the store to buy a plastic cup of juice and a sandwich. I always go to the supermarket at 9 o'clock on weekdays. I usually forget to bring bags with me, so I often use plastic bags from the store. When I walk to the market sometimes there is trash in the street, but I never pick it up and throw it away. On Saturday mornings at 11:00, I play soccer with friends. I always buy a large bottle of water after the game. I never sort the trash so it can be recycled. My favorite time of the week is Sunday afternoon, because I always watch TV with my family at 3 o'clock.



However, my sister Muriel has a different routine. She says that she is eco-friendly. She wakes up at 7 o'clock every day and she makes breakfast at home. She always goes to the market at 10 o'clock on Saturday. She always remembers to bring bags with her to the supermarket, so she never needs to use plastic bags from the store. She never buys packaged goods or plastic bottles. She always takes recycled bags or glass containers to buy rice, beans, and other products. She usually sorts the garbage into plastic, paper and organic. Her favorite time of the week is Sunday mornings, because she waters the plants and listens to music. Who has an eco-friendly routine?

Who has an eco-friendly routine?

Camila or Muriel

## LET'S UNDERSTAND!

**UNDERSTAND-EXERCISE 1:** Write the correct name. Who is Camila and who is Muriel?



1.



2.

**UNDERSTAND-EXERCISE 2:** Complete the chart with an "X" in the right column

| Activity                                                   | Camila | Muriel |
|------------------------------------------------------------|--------|--------|
| Example:<br>Wakes up at 7 o'clock                          | X      | X      |
| 1. Goes to the market at 10 o'clock.                       |        |        |
| 2. Plays soccer on Saturdays.                              |        |        |
| 3. Buys plastic cups of juice.                             |        |        |
| 4. Watches TV at 3 o'clock.                                |        |        |
| 5. Takes recycled bags and glass containers to the market. |        |        |
| 6. Uses plastic bags from the supermarket.                 |        |        |
| 7. Sorts the garbage into plastic, paper and organic.      |        |        |
| 8. Waters the plants on Sunday mornings.                   |        |        |

## ¡NOTEMOS ALGO!



Completa la oración:

Los adverbios de frecuencia (always, usually, never), normalmente van \_\_\_\_\_ (1) del verbo principal de una oración.

A. Delante

B. Detrás

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LIVEWORKSHEETS



## Let's practice!



**PRACTISE-EXERCISE 1:** Look at the calendar and complete the answer with the correct adverb of frequency.

always usually never

| Activity                          | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------------------|--------|---------|-----------|----------|--------|
| Make breakfast at home            | X      | X       |           | X        | X      |
| Take a recycled bag to the market | X      | X       | X         | X        | X      |
| Buy food in plastic containers    |        |         |           |          |        |
| Reuse plastic containers          | X      |         | X         | X        | X      |
| Recycle garbage                   | X      | X       | X         | X        | X      |
| Sort the garbage.                 | X      |         | X         | X        | X      |



**Example:** How often do you make breakfast at home?

I usually make breakfast at home.

1. How often do you take your own bag to the market?

I \_\_\_\_\_ take a recycled bag to the market.

2. How often do you buy food in plastic containers?

I \_\_\_\_\_ buy food in plastic containers.

3. How often do you reuse plastic containers?

I \_\_\_\_\_ reuse plastic containers.

4. How often do you recycle your garbage?

I \_\_\_\_\_ recycle my garbage.

5. How often do you sort your garbage?

I \_\_\_\_\_ sort my garbage.

## ¡NOTEMOS ALGO!

Pon los adverbios de frecuencia en la escala:

A. Usually

B. Never

100%

75%

50%

25%

0%

always

\_\_\_\_\_ (1)

sometimes

almost never

\_\_\_\_\_ (2)

**PRACTISE-EXERCISE 2:** Put the parts of the paragraph in the correct order

1. All of these habits help protect the planet.

2. My habits are eco-friendly.

3. I always classify my garbage and recycle. I usually take my own bag to the market, and I never buy food in plastic containers

### Paragraph

Topic sentence: N° \_\_\_\_\_

Supporting sentences: N° \_\_\_\_\_

Concluding sentence: N° \_\_\_\_\_

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