



APRENDO  
en Casa

# INSTITUCIÓN EDUCATIVA IGNACIA VELÁSQUEZ

Dirigida por la Congregación de Hermanas Mercedarias de la Caridad  
Afiliada al censoreo de Colegios Católicos del Perú

Jr. Alonso de Alvarado N° 918 - Telef. 042 351564 - Moyobamba - San Martín

"Nuestra Señora de las Mercedes es de todos y para todos" (Zegrí)



Jornada Escolar  
COMPLETA  
de SECUNDARIA

"Año de la Universalización de la salud"

## Our Eco-friendly Routine!

Extract two activities that are good for the environment and two that are bad for the environment from text.

Good for the environment		Bad for the environment	
1.		1.	
2.		2.	
3.		3.	
4.		4.	
5.		5.	

Complete the sentences about yourself with an adverb of frequency.

- I \_\_\_\_\_ buy bottled water.
- I \_\_\_\_\_ sort my garbage.
- I \_\_\_\_\_ fix and reuse my old clothes.
- I \_\_\_\_\_ use recyclable containers.
- I \_\_\_\_\_ buy things in plastic bags

### Adverbs of frequency

Always / usually /  
sometimes / never

Write sentences about your family members. Use the activities from the box and adverbs of frequency and but.

always  
never

### Activity

- fix her/his clothes.
- take a recycled bag to the market
- buy food in plastic containers
- reuse plastic containers
- donate her/his old clothes.
- throw away the garbage.

Example: My mom always fixes her clothes, but my dad never does.

- My \_\_\_\_\_ but my \_\_\_\_\_ does.
- My \_\_\_\_\_, but my \_\_\_\_\_ does.
- My \_\_\_\_\_, but my \_\_\_\_\_ does

Complete the text with the correct connector.

and - but

I try to have an eco-friendly routine, \_\_\_\_\_ it's not always easy. I take my own bags to the market, \_\_\_\_\_ some products are already in plastic containers. I try to fix my old shirts \_\_\_\_\_ pants, \_\_\_\_\_ sometimes they are too old. It can be hard to develop new habits. However, we can make an effort. You can buy packaged food, \_\_\_\_\_ try to recycle the container. You can also cut up your old shirts \_\_\_\_\_ transform them into bags or cleaning cloths.