

Review

A Complete the conversations with words from the box.

bad exercise healthy junk food lifestyle shape sleep work out

1. **A:** I'm in _____ shape.
B: You could _____ at the gym after class.
2. **A:** Does he eat a lot of _____?
B: No, he has a very _____ diet.
3. **A:** Is drinking a lot of water part of a healthy _____?
B: Yes, of course! And you should drink water after you _____.
4. **A:** Mario and Yuna are in very good _____.
B: Yes, they are. They ride their bikes to work every day.
5. **A:** Andrei stays up late watching TV most nights.
B: He should get more _____.

B Complete the sentences with modals.

1. **Doctor to patient:** You have to stop smoking right now!
2. **Friend to friend:** You _____ drink water instead of soda.
3. **Mother to son:** You _____ eat all of your vegetables if you want dessert!
4. **Teacher to student:** You _____ study the new vocabulary. It's on the test!
5. **Friend to friend:** You _____ try to lose weight.
6. **Parent to child:** You _____ wear a helmet when you ride your bike.
7. **Grandchild to grandparent:** You _____ turn off your phone when you don't want to answer it.
8. **Personal trainer to client:** You _____ listen to music when you exercise.

C Circle the best word to complete each sentence.

1. The movie tells the *heartwarming* / *lifelong* story of a child's love for his pet dog.
2. Yasmin and Felipe go hiking *about* / *almost* twice a month.
3. *Homegrown* / *Homemade* bread tastes better than bread from the store.
4. They go to the movies *not much* / *around* once a month.
5. *Overworked* / *Stress-free* employees are usually unhappy with their jobs.
6. Miguel is my *homegrown* / *lifelong* friend.