

2 Listen to the advertisement again and fill in the gaps with the missing information.

Use Fast Health on Wheels now!

We are the newest healthy food ¹..... service in the UAE! Eating a healthy diet isn't always easy, but our delivery service will help you.

First, you should always start the day with a healthy ².....

It allows you to have enough energy during the day. We have delicious options.

Our quick delivery service will provide tasty lunch and dinner options also.

These meals are great because they have the correct amount of ³..... and ⁴..... to help you have a balanced ⁵.....

Our meals all have food from every food group including, fresh fish and chicken with a lot of protein, brown rice with healthy carbs, fresh vegetables, and fruit salads.

You shouldn't eat foods with a lot of ⁶..... because you will be ⁷..... and become overweight.

Our meals include vegetables and ⁸..... fruits to give your body the vitamins it needs to be healthy and strong.

You should also drink plenty of water and other ⁹..... drinks.

Our choices of food are low in fat, high in vitamins and very ¹⁰.....

So, get healthy fast in a convenient way now.

We have millions of happy customers all around the UAE and you should join them. Ask yourself, "Why shouldn't I?"

Our quick delivery service will go directly to your doorstep.

Use Fast Health on Wheels today!

