



Unit 2 : Food

Preparing food and cooking



A. Match the words with the meaning.

roast

bake

fry

boiling

simmer

_____ :to cook in an oven without extra fat, especially bread, cakes, pastries.

_____ :to cook, especially meat, in an oven or over a fire.

_____ :to cook in hot water

_____ :to cook food in hot oil, or fat

_____ :to cook something slowly in hot liquid kept at or just below the boiling point.

B. Use the words in the box to complete the sentences.

boil

grate

chop

sprinkle

peel

beat

slice

1. Take the red and green peppers and _____ them into small pieces. Next add them to the mixture in the bowl.

2. Put the vegetables in the pot and cover them with water. _____ them for 20 minutes.

3. Next, _____ some cheese and _____ it over the top.

4. _____ the orange and _____ it thinly.

5. Put the eggs into a bowl and _____ them.



grill

bake

melt

sizzle

season

stir

fry

1. Remember to _____ the sauce from time to time.

2. _____ the cookies for 30 minutes.

3. _____ the joint of meat with salt and pepper and _____ it for 20 minutes.

4. Next, _____ a knob of butter in the frying pan.

5. _____ the sausages until they start to _____.

NAME: _____ Class M.3/ _____ Number _____