

Around the World in 80 Days

Mark Beaumont - Around the World in 80 Days



Mark Beaumont is an athlete who rides his bike in lots of different places. He has cycled many miles all over the world and loves to give himself a challenge.

His next big challenge was to ride his bike around the world in 80 days. He had cycled around the world before but he wanted to break that record. He visited lots of different cities and travelled through 14 countries. Mark cycled about 240 miles every day and was riding for 11 weeks without a break. To get ready for this, Mark tested his equipment by cycling around Britain first.



It was very important for Mark to stay healthy during the 80-day ride, so he drank plenty of water and ate lots of energy-rich food to keep him going.



Mark broke the existing world record and cycled around the world in 79 days!

Questions

1. Complete the sentence: Mark Beaumont is an _____

swimmer

athlete

actor

2. What does Mark use to travel? Circle **one**.

a car

a bike

a boat

3. Finish this sentence:
Mark wanted to travel around the world in...

80 days

80 weeks

80 hours

4. How far did Mark cycle each day? Circle **one**.

160 miles

240 miles

320 miles

5. What did Mark need plenty of? Tick all that apply.

☐

TV

☐

rest

☐

water

☐

heat

☐

football

☐

food

6. How many weeks did Mark cycle for? Tick **one**.

5 weeks

11 weeks

16 weeks

7. How did Mark test his equipment? Tick **one**.

☐

by cleaning it

☐

by cycling
around Britain

☐

by cycling
really fast

8. How many different countries did Mark travel through?
