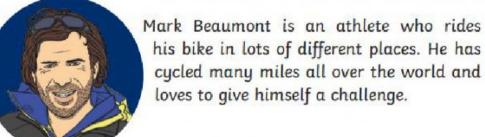
Around the World in 80 Days

Mark Beaumont - Around the World in 80 Days



His next big challenge was to ride his bike around the world

in 80 days. He had cycled around the world before but he wanted to break that record. He visited lots of different cities and travelled through 14 countries. Mark cycled about 240 miles every day and was riding for 11 weeks without a break. To get ready for this, Mark tested his equipment by cycling around Britain first.



It was very important for Mark to stay healthy during the 80-day ride,

so he drank plenty of water and ate lots of energy-rich food to keep him going.

Mark broke the existing world record and cycled around the world in 79 days!



Questions

1. Complete the sentence: Mark Beaumont is an	
swimmer athlete actor	
2. What does Mark use to travel? Circle one.	
a car a bike a boat	
3. Finish this sentence: Mark wanted to travel around the world in	
80 days 80 weeks 80 hours	
4. How far did Mark cycle each day? Circle one.	
160 miles 240 miles 320 miles	
5. What did Mark need plenty of? Tick all that apply.	
TV rest	
water heat	
football food	
6. How many weeks did Mark cycle for? Tick one.	
5 weeks 11 weeks 16 weeks	



7.	How did Mark test his equipment? Tick one.	
	by cleaning it by cycling by cycling around Britain by cycling really fast	
8.	How many different countries did Mark travel through?	