

Listening skills practice: How to study

Listen to the school assembly about how to study and do the exercises to practice and improve your listening skills.

1. Preparation: grouping

Do this exercise before you listen. Decide whether the study idea is:

- a) Good study habit
- b) Bad study habits

a. Just read your notes, but don't highlight them or write anything extra	b. Think long term	c. Make a study timetable
d. Take regular breaks	e. Answer email, text messages and Facebook messages immediately	f. Work where there are distracting noises

2. Check your understanding: true or false

Choose *True* or *False* for these sentences.

1. The students will be taking exams soon.	<i>True</i>	<i>False</i>
2. A revision timetable could be from one to six weeks.	<i>True</i>	<i>False</i>
3. No one can really concentrate properly with music on.	<i>True</i>	<i>False</i>
4. You should try to forget about the internet, text messages, Twitter, Facebook, etc. while you're studying.	<i>True</i>	<i>False</i>
5. You should try not to have a break until you really need one.	<i>True</i>	<i>False</i>
6. Underlining or highlighting your notes is better than writing more notes.	<i>True</i>	<i>False</i>
7. Mind maps are good because they mirror the way the brain works.	<i>True</i>	<i>False</i>
8. The most important thing is to remember the information. You don't have to understand it.	<i>True</i>	<i>False</i>

3. Check your understanding: gap fill

Complete the gaps with a word or phrase.

1. Some of you are probably fantastic at studying, really organised and _____.
2. It's a good idea to have some kind of _____ or _____.
3. If you're studying for an important exam, it's important to think _____.
4. Make sure the place where you're going to study is _____, with no distracting _____.
5. If you have to work near a TV, you might have to use _____ to drown out the sound of the TV.
6. While you're studying, you should _____ the internet, text message, Facebook, etc.
7. You should plan your studying and take regular _____.
8. It is better to write notes, so your mind is _____ the information more.
9. Mind maps seem to work in the same way the _____ works.
10. Which study method you choose all depends on your personal _____.

comfortable/noise	processing	plan/timetable	breaks
brain	long term	not look at	headphones
good at concentrating		preferences	