

## E7-UNIT 2- TEST 1A

**II. Find the word which has a different sound in the underlined part.**

1. A. coordinate	B. triathlon	C. <u>allergy</u>	D. <u>calorie</u>
2. A. leaf	B. life	C. knife	D. of
3. A. monopoly	B. melody	C. compound	D. concentrate
4. A. paragraph	B. cough	C. although	D. enough
5. A. vegetarian	B. depression	C. essential	D. attention

**III. Choose the best one (A, B, C or D) to complete the sentence.**

1. You should eat a lot of fruits and vegetables because they \_\_\_\_\_ vitamin A, which is good for the eyes.

A. run                    B. take                    C. provide                    D. get

2. The health \_\_\_\_\_ from that diet expert is that you should eat less junk food and count your calories if you are becoming fat.

A. advices                B. ideas                    C. tip                        D. tips

3. The seafood I ate this morning makes me feel \_\_\_\_\_ all over.

A. itchy                    B. weak                    C. running                    D. well

4. If you want to be fit, stay outdoors more and do more \_\_\_\_\_ activities.

A. physics                B. physic                    C. physical                    D. physically

5. Do more exercise \_\_\_\_\_ eat more fruit and vegetables.

A. and                      B. so                            C. but                            D. although

6. After working in computer for long hours, you should \_\_\_\_\_ your eyes and relax.

A. wake                    B. rest                            C. sleep                            D. sleep in

7. Eat less high-fat foods to keep you from \_\_\_\_\_ fat.

A. gaining                    B. reducing                    C. getting                            D. rising

8. We should follow the advice from doctors and health \_\_\_\_\_ in order to keep fit.

A. managers                B. experts                    C. people                            D. workers

9. Have a healthy \_\_\_\_\_ and you can enjoy your life.

A. lifeline                    B. lively                            C. lives                            D. lifestyle

10. They go \_\_\_\_\_ outside even when it's cold.

A. swim                      B. swiming                    C. swimming                            D. swam

11. Rob eats a lot of fast food and he \_\_\_\_\_ on a lot of weight.

A. spends                    B. brings                            C. takes                            D. puts

12. We need to spend less time \_\_\_\_\_ computer games.

A. playing                    B. to playing                    C. play                            D. to play

13. To prevent \_\_\_\_\_, you should eat a lot of garlic and keep your body warm.

A. cold      B. Mumps      C. flu      D. headache

14. Be careful with \_\_\_\_\_ you eat and drink.

A. who      B. this      C. what      D. that

15. Eating a lot of junk food may lead to your \_\_\_\_\_.

A. pain      B. stomachache      C. obesity      D. fitness

**IV. Fill in the blank with a suitable word in the box.**

allergy      toothache      suffer      worse  
tired      bad      flu      sick

1. Some people have a very \_\_\_\_\_ habit in littering in public.
2. People who live in a dusty area often \_\_\_\_\_ on diseases.
3. Julia has a headache, and she feels \_\_\_\_\_.
4. I have an \_\_\_\_\_, so I choose food and drink very carefully.
5. You should spend less time playing computer games, or your eyes will be \_\_\_\_\_.
6. Tom feel \_\_\_\_\_, but he doesn't go to bed early.
7. Trung eats too many sweets so he has \_\_\_\_\_.
8. In prevent \_\_\_\_\_, we should keep our hands clean, our feet warm.

**V. Look at the advice for a healthy lifestyle, and complete the sentences using *more* or *less*.**

1. You have toothache. Eat \_\_\_\_\_ candy.
2. Get up early and do \_\_\_\_\_ exercise.
3. The examination is coming. Watch \_\_\_\_\_ TV.
4. Watch \_\_\_\_\_ television and you can protect your eyes.
5. You look tired, sleep \_\_\_\_\_.
6. She should eat \_\_\_\_\_ fast food.
7. You are putting on weight. Eat \_\_\_\_\_ fast food.
8. I will spend \_\_\_\_\_ time on computer games.
9. You have a cough. Drink \_\_\_\_\_ warm water.
10. We should eat \_\_\_\_\_ junk food and eat \_\_\_\_\_ fruit and vegetables.

**VI. Fill in each blank with the correct conjunction: *if, so, and, but, or, when*.**

1. Do more exercise \_\_\_\_\_ you want to lose weight.
2. I have a lot of homework to do this evening, \_\_\_\_\_ I don't have time to watch the football match.
3. Eat more vegetables, \_\_\_\_\_ you will feel healthier.
4. Take up a new hobby \_\_\_\_\_ you'll have some new friends.

5. Eat more fish, \_\_\_\_\_ you will be smarter.
6. He has toothache \_\_\_\_\_ he still eats a lot of sweets and cakes.
7. Try to talk less \_\_\_\_\_ you have a sore throat.
8. Smoke less \_\_\_\_\_ give it up.
9. Sunbathe less, \_\_\_\_\_ you'll get sunburnt.
10. If you spend less time on computer games \_\_\_\_\_ television programmes, you will have more time for outdoor activities.